

Cookies, Brownies & Dessert Cups

Nutritional Information

Cookies	Calories	Total Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Protein (g)	Fiber (g)
Double Chocolate	120	6	5	115	18	1	0
Carnival	120	5	5	110	18	1	0
Ranger	120	6	5	110	16	2	0
Sugar	120	5	5	115	18	1	0
Oatmeal Raisin	120	5	5	125	15	2	1
Peanut Butter	120	6	5	150	17	2	0
Turtle	130	7	8	107	17	2	0
Chocolate Chip	130	6	5	95	17	1	0
Cookie Bars	Calories	Total Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Protein (g)	Fiber (g)
Seven Layer Bars	510	30	1	178	59	2	0
Chocolate Chip Bars	195	9	8	143	26	2	0
M&M Bars	195	9	8	143	26	2	0
Rice Crispy Treat	402	11	0	597	74	4	0
Butterfinger Bars							
Brownies	Calories	Total Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Protein (g)	Fiber (g)
Plain	150	4.5	0	135	26	2	1
Mint Chocolate	151	4.5	0	135	26	2	1
Walnut	230	12.5	0	135	28	4	1.5
M&M	185	6	0	135	31	3	2
Reese's	169	5	0	143	28	3	1
Frosted	261	9.5	0	186	44	2	1
Black Forest	192	4.5	0	1.9	36	2	1
Dessert Cups	Calories	Total Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Protein (g)	Fiber (g)
Fruit & Yogurt Parfait	370	8	6	216	69	9	4
Jell-O	119	3	0	88	23	1	0
Chocolate Pudding	214	5	16	400	41	5	0
Vanilla Pudding	214	5	16	357	41	5	0
Butterscotch Pudding	214	5	16	386	41	5	0