



COLLEGE OF GRADUATE STUDIES

Fall 2008 Graduate Course Schedule

Please note that courses are subject to change. REGISTER EARLY to reserve your space!
Please visit plymouth.edu/graduate/directions for directions to courses held off campus

Athletic Training, Counseling, Health, Health Promotion and School Psychology

HP - Health Promotion

HP5560.TV CRN: 10106 ST:PEARL 1 - INDIVIDUAL LEVEL FIELD RESEARCH
Travel Course - Off Campus Location Deborah John dhjohn@plymouth.edu
3 Credits Syllabus
Please contact instructor (dhjohn@plymouth.edu) for additional course information & field site locations.
Thursday 2PM - 5PM 9/11, 9/18, 10/2, 10/16, 10/23
Friday 1:30PM - 4:45PM 10/3, 10/17, 10/24, 11/14
Saturday 9:30AM - 12:40PM 10/4, 10/18, 10/25

Future professionals in the area of rural lifespan physical activity/health promotion and obesity prevention will participate as research associates on the Partners Enabling Active Rural Living (PEARL) team. The PEARL project aims to partner with rural communities, and work with community members, to identify the community resources and factors that enable or prevent compliance with policies and initiatives targeting problems associated with inactivity and written to promote active living for rural children and adults. Baseline physical activity data that is representative of all rural New Hampshire residents will be collected using self-report surveys. Findings will be used to inform an evidence-based model of physical activity enabling rural communities.