



COLLEGE OF GRADUATE STUDIES

Winter 2009-2010 Graduate Course Schedule

Please note that courses are subject to change. REGISTER EARLY to reserve your space!
Please visit plymouth.edu/graduate/directions for directions to courses held off campus.

Counseling and School Psychology

CO - Counseling

CO5020.01 **CRN: 20383** **COUNSELING SKILLS**
UPDATED
Plymouth
3 Credits
Karen Hall-Renn kehall1@plymouth.edu
Please note that classes will meet on the 2nd floor of Highland Hall.
Wednesday 5PM – 8:45PM 12/9, 12/16, 1/6, 1/13, 1/20, 1/27, 2/3, 2/10, 2/17, 2/24

The course is designed to help students develop basic counseling skills. Through role play, practice interviews, and tape transcriptions, students will have the opportunity to learn and practice basic counseling skills. The relationships among theory, case conceptualizations, and counseling interventions will be examined. Ethical and culturally responsive practices will be emphasized. Prerequisites: CO 5260 and CO 5010 or SY 6010.

CO5150.01 **CRN: 20336** **EATING DISORDERS CLINICAL**
Plymouth
1 – 3 Credits
Margaret Burckes-Miller margaret@plymouth.edu
Please note student must contact Dr. Burckes-Miller (margaret@mail.plymouth.edu) prior to 10/15/09 to arrange dates and times.

This clinical experience is a capstone course for those enrolled in the eating disorders certificate program. Students will be able to choose a focus on awareness and prevention, and education experience or a clinical experience working in an eating disorders treatment facility for 120 hours. Prerequisite: 12 credits of eating disorders certificate program. Also presented as HL 5150.

CO5230.01 **CRN: 20382** **CAREER COUNSELING & DEVELOPMENT**
Plymouth – Highland Hall 039
3 Credits [Syllabus](#)
Gary Goodnough ggoodno@plymouth.edu
Monday 5PM – 8:45PM 12/7, 12/14, 12/21, 1/4, 1/11, 1/25, 2/1, 2/8, 2/15

An introduction to career development theories and their application to the counseling process. Students will understand and utilize career information and assessments as they pertain to counseling and career development. Students will apply theory and practice to current or potential work settings. Prerequisite: CO 5010. There is a 20-hour pre-practicum field experience as part of this course.

CO5300.COP **CRN: 20319** **FOUNDATIONS & MULTICULTURAL ASPECTS OF PARENTING**
Concord (2 Pillsbury Street)
3 Credits [Syllabus](#)
Leo Sandy lsandy@plymouth.edu
Saturday 9AM – 4:30PM 1/2, 1/9, 1/16, 1/23, 1/30

Focuses on developing competency in a variety of areas surrounding parenting education, including the following: understanding of parental issues and concerns within diverse family systems; understanding the dimensions of parenting children from birth to adolescence; and knowledge of multicultural perspectives in parenting.

CO5460.01 **CRN: 20384** **GROUP COUNSELING**
UPDATED
Plymouth – Boyd Hall 005
3 Credits
Karen Hall-Renn kehall1@plymouth.edu
Tuesday 5PM – 8:45PM 12/15, 12/22, 1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23

This course provides a comprehensive understanding of theory, practice, and ethics in group counseling across the lifespan within clinical, school, and other professional settings. This course provides students an opportunity to develop group counseling skills through classroom facilitation and supervision. This course also has a 10-hour experiential group counseling component, which is required for students obtaining their MEd in Counselor Education with a focus in Mental Health Counseling or School Counseling.

CO5560.01 **CRN: 20362** **ST:MIND BODY TECHNIQUES FOR STRESS & HEALTH**
Plymouth – Draper and Maynard Hall 401
3 Credits
Margaret Burckes-Miller margaret@plymouth.edu
This course has an online component using Blackboard.
Friday 5PM – 9PM 12/4, 1/8
Saturday 8:30AM – 4:30PM 12/5, 1/9
Sunday 8:30AM – 2:30PM 12/6, 1/10

CO5570.WV **CRN: 20390** **MINDFULNESS MEDITATION: THEORY & PRACTICE**
 Silver Fox Inn, Waterville Valley, NH Nancy Puglisi npuglisi@plymouth.edu
 3 Credits
 Students must register by 12/24/2009. Mandatory pre-reading assignments are available in Blackboard which is accessible through the myPlymouth portal. This is a residential course packaged with an additional meals & room fee of \$360.
Friday 9AM – 9PM 1/8
Saturday 9AM – 9PM 1/9
Sunday 9AM – 1PM 1/10

Designed to review the theory and practice relative to mindfulness meditation. Focus on the practice of the body scan, sitting meditation, healing meditation, eating meditation and walking meditation. Extended periods of meditation practice each day are interspersed with group discussions, presentations and small group work. Provides students with the theories surrounding the use of meditation as a healing tool while at the same time providing an opportunity for students to learn and practice meditation techniques. Focus will be on: learning the theories of mindfulness meditation; learning and practicing mindfulness techniques; incorporating mindfulness practice into our personal and professional lives; the authentic use of mindfulness practice as a teaching tool. Also Winterim and summer. Students are required to pay additional fees to participate in this course.

CO5790.01 **CRN: 20385** **INTERVENTIONS IN MENTAL HEALTH COUNSELING**
 Plymouth – Hyde Hall 435J Gail Mears gmears@plymouth.edu
 3 Credits
Thursday 5PM – 8:45PM 12/10, 12/17, 1/14, 1/21, 1/28, 2/4, 2/11, 2/18, 2/25

This course examines clinical interventions and documentation in clinical mental health settings. Students will learn and practice clinical counseling skills appropriate to mental health settings, documentation procedures and assessment strategies. Contemporary models of brief treatment, mental health consultation and prevention will be covered. An emphasis will be placed on culturally responsive counseling. This course is designed to develop necessary entry-level mental health counseling skills. Prerequisites: CO5010, 5020, CO5260.

CO5850.01 **CRN: 20386** **SEMINAR & INTERNSHIP IN SCHOOL COUNSELING**
 Plymouth – Counseling Center Gary Goodnough ggoodno@plymouth.edu
 1 – 6 Credits
Thursday 5:30PM – 7:30PM 12/3, 12/10, 12/17, 1/7, 1/28, 2/4, 2/11, 2/18

Personal, educational and career guidance and counseling experiences performed under supervision of a certified counselor and conducted in a public school setting. In addition to the required field experiences totaling 600 hours, students must attend seminar meetings on campus with fellow student interns and the Plymouth supervisor to exchange viewpoints and feedback. Designed to be the culminating experience in the Counselor Education program. Prerequisite: Completion of all required courses, school counseling and consent of instructor.

CO5880.01 **CRN: 20387** **SEMINAR & INTERNSHIP IN MENTAL HEALTH COUNSELING**
UPDATED Plymouth Heather McNally hemcnally@plymouth.edu
 3 Credits
 Please note that on-campus classes will meet 5:30-7:30 pm on the 2nd floor of Highland Hall on 12/3, 12/17, 1/14, 1/28, 2/11 and 2/25. The Concord classes will meet 6-8:00 pm on 12/10, 1/7, 1/21, 2/4 and 2/18.
Thursday 5:30PM – 7:30PM 12/3, 12/10(6PM- 8PM), 12/17, 1/7(6PM- 8PM), 1/14, 1/21(6PM- 8PM), 1/28, 2/4(6PM- 8PM), 2/11, 2/18(6PM- 8PM), 2/25

A 900-hour clinical counseling experience under supervision and conducted in a mental health counseling setting. Students must attend an on-campus seminar with fellow student interns that provides an opportunity for case presentation and professional development. Designed to be the culminating experience in the Mental Health Counseling concentration. Students must provide evidence of liability insurance. Prerequisites: completion of all required courses in the Mental Health Counseling concentration and consent of the Plymouth internship supervisor. Variable and repeatable.

SY - School Psychology

SY6300.01 **CRN: 20423** **SOCIAL/EMOTIONAL/BEHAVIORAL ASSESSMENT**
NEW Plymouth – Highland Hall 039 Leo Sandy lsandy@plymouth.edu
 3 Credits [Syllabus](#)
Tuesday 5PM – 8:45PM 12/1, 12/8, 12/15, 12/22, 1/5, 1/12, 1/19, 1/26, 2/2, 2/9

To provide a clear, balanced presentation of the learner's social/emotional characteristics. The student will be introduced to the areas of assessment of behavior by interview, observation and norm-referenced techniques. Functional behavior assessment will also be addressed. Objective and projective techniques will be introduced and the student will have the opportunity to learn about the history and practical administration of these instruments.

SY6800.01 **CRN: 20439** **SEMINAR & INTERNSHIP IN SCHOOL PSYCHOLOGY**
NEW Plymouth – Boyd Hall 005 Jonas Taub jtaub@plymouth.edu
 1 – 12 [Syllabus](#)
 Credits
Wednesday 5PM – 8:45PM 12/2, 12/16, 1/13, 1/27, 2/10, 2/24

As the culminating component in the School Psychology Program, this field experience will be done in a public school setting under the supervision of a certified school psychologist. Students will also attend a seminar on campus to discuss their experiences, present psychological evaluations and interventions, and engage in mutual problem solving relative to dilemmas and issues encountered in the field experience. Prerequisites include completion of all required courses and permission of the internship instructor.