Plymouth State University **CURRICULUM PLANNING GUIDE** with APPLICATION of TRANSFER CREDIT

BS PHYSICAL EDUCATION 2010-2011

Student: _____
Student ID: _____
Enrollment Date: _____

Option: **Teacher Certification (K-12)**
Total semester hours required: 122
Total semester hours transferred: _____

Plymouth Requirements		Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE courses	Professional Activity (2000 level) **or** Physical Activity Skills (1000 level)	2	**not** PEDI			
PE 2415	Introduction to PE & Health Instruction	3				
PE 2422	Rhythm and Dance Fundamentals	1.5				
PE 2423	Fundamentals in Gymnastics	1.5				Falls
PE 2550	Foundations of Physical Education	3	TECO			
PE 2731	Motor Development	3	WRCO			
PE 2860	Adventure Programming for Physical Educators	3	WECO			
PE 3000	Instructional Strategies I - Elementary	4		Requires 2.50 cumulative GPA		
PE 3260	Health Fitness Assess. & Programming	3				
PE 3310	Curriculum Design & Implementation	3				
PE 3560	Measurement and Assessment in Physical Education	3	QRCO			
PE 3570	Kinesiology	3				
PE 3580	Physiology of Exercise	3				
PE 3600	Adapted Physical Education	3				Springs
PE 3720	Motor Learning	3				
PE 4000	Instructional Strategies II - Secondary	4		Requires 2.60 cumulative GPA and C in PE 3000		
PE 4710	PE Student Teaching K-12: Elementary	6		Requires 2.70 cumulative GPA and C in PE 4000		
PE 4720	PE Student Teaching K-12: Secondary	6		Requires 2.70 cumulative GPA and C in PE 4000		
Group A Activity -		1.5	Complete **one** of the following:			
PE 2424	Net and Wall Activities					Even Springs
PE 2425	Lifetime/Leisure Activities					Even Falls
PE 2426	Striking and Fielding Activities					Odd Springs
PE 2427	Territorial Activities					Odd Falls
Group B Activities -		3	Complete **two** of the following:			
PE 2428	Flexibility, Core and Balance Training					
PE 2525	Group Exercise Leadership					
PE 2640	Burdenko Conditioning					Springs
PE 2740	Water Exercise Techniques					
PE 2831	Resistance Training Techniques					
BI 2110	Human Anatomy and Physiology I	4				Falls
BI 2120	Human Anatomy and Physiology II	4				Springs
DN 2330	Movement Concepts for Elementary Ed	1				
IS 4360	Cultural Diversity and American Society	3	DICO, INCO			
EN 1200	Composition	3				
IS 1111	The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA	Math Foundations	3				
CTDI	Creative Thought Direction	3				
CTDI	Creative Thought Direction	3				
PPDI	Past and Present Direction	3				
PPDI	Past and Present Direction	3				
SSDI	Self and Society Direction	3				
SSDI	Self and Society Direction	3				
GACO	Global Awareness Connection	3				
Electives		17.5				

PE 3000 requires a minimum cumulative grade point average of 2.50. PE 4000 requires a minimum grade of C in PE 3000 and a minimum cumulative grade point average of 2.60. PE 4710 and PE 4720 require a minimum grade of C in PE 4000 and a minimum cumulative grade point average of 2.70.

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Department Evaluator

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Director of Curriculum Support