

Recreation Programs

Group X Schedule

- Fall 2009 -

Monday	Tuesday	Wednesday	Thursday	Friday
9am-10am <u>Zumba</u> Kaitlyn Kelley		9am-10am <u>Zumba</u> Kaitlyn Kelley		
	12:00-1:00 <u>Yoga</u> Karen Price			
4:30-5:30 <u>Stretching</u> <u>for</u> <u>Flexibility</u> Karen Price	4:45-5:30 <u>Kickboxing</u> Jen Morris	4:30-5:30 <u>Stretching</u> <u>for</u> <u>Flexibility</u> Karen Price	4:45-5:30 <u>Kickboxing</u> Jen Morris	
5:30-7:00 <u>Yoga</u> Karen Price	5:30-6:30 <u>Zumba</u> Kaitlyn Kelley	5:30-7:00 <u>Yoga</u> Karen Price		

FREE for all PSU students!