

Plymouth State College CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS HEALTH EDUCATION 2001-2002

Student _____
 SS# _____
 Enrollment Date _____

Total semester hours required: 122
 Total semester hours transferred: _____

PSC Requirements	Credits	GenEd	Transfer Course (title)	Credits	To Be Taken
HE 197 Introduction to Health Promotion	2				Falls
HE 220 CPR	1.5				
HE 265 First Aid	1.5				
HE 290 Environ Issues Health/Disease	3				Springs
HE 320 Stress Management	3	Writing	not transferable		
HE 321 Mental Health Issues	3				Falls
HE 333 Eval/Research in Health Promotion	3	Q			Springs
HE 370 Drug Behavior	3				
HE 371 Sex and Family Living Education	3				
HE 375 Wellness Skills Health Profes.	3				odd Springs
HE 376 Program Planning Health Promotion	3	Writing	not transferable		Falls
HE 407 Instr. Methods in Health Promotion	2				Springs
HE 453 Senior Seminar Health Promotion	1				Falls
BI 211 Human Anatomy & Physiology I	3	S			Falls
BI 212 Human Anatomy & Physiology II	3	S			Springs
BI 213 Hum. Anatomy/Physiology Lab I	1	S-Lab			Falls
BI 214 Hum. Anatomy/Physiology Lab II	1	S-Lab			Springs
IS 436 Cultural Divers & Amer Society	3	I			
HE 322 Applied Nutr Exer/Wellness or NS 241 Nutrition	3	S			odd Springs
PE 323 Exercise Theory & Programming	3	UL			even Springs
PS 201 Intro to General Psychology or PS 205 Life Span Devel Psychology	3	SP			
EN 120 Composition	3				
IS 101 Introduction Academic Community	1	transfers	(24+ credits) do Computer/Library Skills		
MA Math Foundations (MA 201/230)	3				
PE Physical Education activities	2				
F Fine and Performing Arts	3				
G Global Perspective	3				
H Historical Perspective	3				
L Literary Perspective	3				
P Philosophical Perspective	3				
SP Social and Psychological (not PS)	3				
T Technological Perspective	3				
Upper-division Requirement (not HE) or Academic Minor	6 or 15-32				
Electives	34 or 25-8				

Students are encouraged to take a foreign language to satisfy the **Global Perspective**. **Social and Psychological Perspectives** must be completed in 2 different disciplines. **Upper-division Requirement** is completed outside the major discipline. Neither the **Writing** course nor the **Integrative Component** can be satisfied with transfer credit; they must be taken at Plymouth.