

Plymouth State College CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS PHYSICAL EDUCATION 2002-2003

Student _____
 SS# _____
 Enrollment Date _____

Option: **Health Fitness Administration**
 Total semester hours required: 122
 Total semester hours transferred: _____

PSC Requirements	Credits	GenEd	Transfer Course (title)	Credits	To Be Taken
PE 241 *Fitness Activities	1				
PE 255 Foundations of Physical Educ	3				
PE 264 Burdenko Conditioning	1				Spring
PE 356 Evaluation in Physical Education	3	Q			Spring
PE 357 Kinesiology	3	S			Spring
PE 358 Physiology of Exercise	3	S			Fall
PE 372 Motor Learning	3	SP			Fall
PE 373 Motor Development	3	Writing	not transferable		Spring
PE 375 Physiology of Exercise Lab	1	S-Lab			Fall
PE 383 Resistive Training	1.5				Spring
PE 387 Fitness Testing Skills	1				Fall
PE 478 Exercise Prescription	3		requires 2.33 cumulative GPA		Spring
PE Activities: 200 level 5 credits must be taken in different categories Aquatics, Dance, Dual Sports, Individual Sports, Outdoor and Team Sports	7				
Complete two courses: HE 320 Stress Management HE 375 Wellness Skills Health Professionals HE 403 Worksite/Community Health Promo PE 488 PE Internship	6	UL UL UL			odd Spring odd Fall
Complete two courses: BU 225 Intro to Business Administration BU 229 Organizational Communications BU 245 Principles of Marketing BU 342 Organizational Behavior	6	UL			Spring
BI 211 Human Anatomy & Physiology I	3	S			Fall
BI 212 Human Anatomy & Physiology II	3	S			Spring
BI 213 Human Anatomy & Physiology Lab I	1	S-Lab			Fall
BI 214 Human Anatomy & Physiology Lab II	1	S-Lab			Spring
HE 220 CPR	1.5				
HE 256 Personal Wellness	3				
HE 265 First Aid	1.5				
HE 322 Applied Nutr Exer/Wellness or		UL			
NS 241 Nutrition	3	S			odd Spring
EN 120 Composition	3				
IS 101 Introduction Academic Community	1	transfers	(24+ credits) do Computer/Library Skills		
MA Math Foundations (MA 201/230)	3				
F Fine and Performing Arts	3				
G Global Perspective	3				
H Historical Perspective	3				
L Literary Perspective	3				
P Philosophical Perspective	3				
SP Social and Psychological (not PE)	3				
T Technological Perspective	3				
Integrative Component	3		must be taken at PSC		
Upper-division Requirement (not PE) or Academic Minor	6-3 or 15-32				
Electives	22 5-25 5 or 13 5-0				

* Part of 8 PE activities. Students are encouraged to take HE 366 an elective and a foreign language to satisfy the **Global Perspective**. **Upper-division** Requirement is completed outside the major discipline. Neither the **Writing** course nor the **Integrative** Component can be satisfied with transfer credit; they must be taken at Plymouth.