

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

**BS HEALTH EDUCATION 2003-2004**

Student \_\_\_\_\_  
 Student ID \_\_\_\_\_  
 Enrollment Date \_\_\_\_\_

Option: **Wellness Management**  
 Total semester hours required: 122  
 Total semester hours transferred: \_\_\_\_\_

Plymouth Requirements	Credits	GenEd	Transfer Course (title)	Credits	To Be Taken
HE 1970 Introduction to Health Promotion	2				Falls
HE 2200 CPR	1.5				
HE 2650 First Aid	1.5				
HE 2900 Environ Issues in Health & Disease	3				Springs
HE 3200 Stress Management	3	Writing	not transferable		
HE 3210 Mental Health Issues	3				Falls
HE 3330 Eval/Research in Health Promotion	3	QUAN			Springs
HE 3660 First Aid & CPR Instructor Course	1				
HE 3700 Drug Behavior	3				
HE 3710 Sex and Family Living Education	3				
HE 3750 Wellness Skills Health Profession	3				odd Springs
HE 3760 Program Planning Health Promo	3	Writing	not transferable		Falls
HE 4030 Community Health Promotion	3				odd Falls
HE 4070 Health Promotion Strategies	2				Springs
HE 4440 Wellness Management Internship	7		requires 2.70 cumulative GPA		
HE 4530 Sr Seminar in Health Promotion	1				Falls
HE 4620 Wellness Management Clinical	1		requires 2.60 cumulative GPA		
BI 2110 Human Anatomy and Physiology I	3	SCIE			Falls
BI 2120 Human Anatomy and Physiology II	3	SCIE			Springs
BI 2130 Human Anatomy & Physiology Lab I	1	SLAB			Falls
BI 2140 Human Anatomy & Physiology Lab II	1	SLAB			Springs
BU 2290 Organizational Communications	3				
BU 2450 Principles of Marketing	3				
BU 3420 Organizational Behavior	3	UPPR			
EN 3090 Technical Writing	3	UPPR			
IS 4360 Cultural Diversity & Amer Society	3	INTG			
HE 3220 Applied Nutrition Exer/Wellness or NS 2410 Nutrition	3	SCIE			odd Springs
PE 3230 Exercise Theory and Programming	3	UPPR			even Springs
PS 2010 Intro to General Psychology or PS 2050 Life-Span Developmental	3	SPSY			
EN 1200 Composition	3				
IS 1010 Introduction Academic Community	1	transfers (24+ credits) do Computer/Library Skills			
MA Math Foundations (MA 2010/2300)	3				
PACT Physical Education activities	2				
ARTS Fine and Performing Arts	3				
GLOB Global Perspective	3				
HIST Historical Perspective	3				
LITY Literary Perspective	3				
PHIL Philosophical Perspective	3				
SPSY Social and Psychological (not PS)	3				
TECH Technological Perspective	3				
Electives	16				

Students are encouraged to take a foreign language to satisfy the **Global** Perspective. **Social and Psychological** Perspectives must be completed in 2 different disciplines. Neither the **Writing** course nor the **Integrative** Component can be satisfied with transfer; they must be taken at Plymouth.