

Plymouth State University **CURRICULUM PLANNING GUIDE** with APPLICATION of TRANSFER CREDIT

BS HEALTH EDUCATION 2005-2006

Student: _____
 Student ID: _____
 Enrollment Date: _____

Option: **Wellness Management**
 Total semester hours required: 122
 Total semester hours transferred: _____

Plymouth Requirements		Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
HE 1970	Introduction to Health Promotion	3				Falls
HE 2500	First Aid and CPR/AED	1.5				
HE 2900	Disease, Safety and Environment	3				Springs
HE 3200	Stress Management	3	WECO			
HE 3210	Mental Health Issues	3				Falls
HE 3220	Applied Nutrition for Exercise & Wellness	3	TECO			
HE 3330	Evaluation/Research in Health Promotion	3	QRCO			Springs
HE 3660	CPR and First Aid Instructor	1.5				
HE 3700	Drug Behavior	3				
HE 3710	Sex and Family Living Education	3				
HE 3750	Wellness Skills for Health Professionals	3				Odd Springs
HE 3760	Program Planning for Health Promotion	3				Falls
HE 4030	Community Health Promotion	3				Odd Falls
HE 4070	Health Promotion Strategies	2				Springs
HE 4440	Wellness Management Internship	6	Requires 2.70 cumulative GPA			
HE 4530	Senior Seminar in Health Promotion	1				Springs
HE 4620	Wellness Management Clinical	1	Requires 2.60 cumulative GPA			
BI 2110	Human Anatomy/Physiology I	3				Falls
BI 2120	Human Anatomy/Physiology II	3				Springs
BI 2130	Human Anatomy/Physiology Lab I	1				Falls
BI 2140	Human Anatomy/Physiology Lab II	1				Springs
BU 2290	Organizational Communications	3	WRCO			
BU 2450	Principles of Marketing	3				
BU 3420	Organizational Behavior	3	DICO			
EN 3090	Technical Communication	3	TECO			
IS 4360	Cultural Diversity and American Society	3	DICO, INCO			
PE 2731	Motor Development	3	WRCO			Springs
PE 3260	Health Fitness Assessment/Programming	3				
EN 1200	Composition	3				
IS 1111	The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA	Mathematics Foundations	3	* Recommended: MA 2010 or MA 2300			
CTDI	Creative Thought Direction	3				
CTDI	Creative Thought Direction	3				
PPDI	Past and Present Direction	3				
PPDI	Past and Present Direction	3				
SSDI	Self and Society Direction	3				
SSDI	Self and Society Direction	3				
GACO	Global Awareness Connection	3				
Electives		17				

* Recommended courses are MA 2010 or MA 2300.

HE 4440 requires a minimum cumulative grade point average of 2.70. HE 4620 requires a minimum cumulative grade point average of 2.60.