

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS PHYSICAL EDUCATION 2005-2006

Student: _____
 Student ID: _____
 Enrollment Date: _____

Option: **Exercise Physiology**
 Total semester hours required: 122
 Total semester hours transferred: _____

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE courses Professional Activity (2000 level) or Physical Activity Skills (1000 level)	4.5				
Complete one of the following:	1.5				
PE 2428 Flexibility, Core and Balance Training					
PE 2525 Group Exercise Leadership					
PE 2640 Burdenko Conditioning					Spring
PE 2740 Water Exercise Techniques					Fall
PE 2550 Foundations of Physical Education	3	TECO			
PE 2731 Motor Development	3	WRCO			Spring
PE 2831 Resistance Training Techniques	1.5				
PE 3260 Health Fitness Assess. & Programming	3				
PE 3560 Measurement and Assessment in PE	3	QRCO			Spring
PE 3570 Kinesiology	3				
PE 3580 Physiology of Exercise	3				Fall
PE 3590 Adaptation & Inclusion in Physical Activity	3	DICO			
PE 3720 Motor Learning	3				Fall
PE 3750 Physiology of Exercise Lab	1				
PE 3760 Advanced Laboratory Techniques	3				
PE 4010 Psychosocial Aspects of Physical Activity, Exercise & Recreational Sport	3	INCO			
PE 4520 Principles and Theories of Strength and Conditioning	3				Spring
PE 4770 Cardiovascular Physiology	3				Fall
PE 4790 Exercise Biochemistry	3				Fall
<i>Capstone Experience -</i>	3	Complete three credits from the following:			
PE 4800 Senior Research I <i>and</i>			Requires 2.50 cumulative GPA.		Fall
PE 4810 Senior Research II					Spring
PE 4880 Physical Education Internship			Requires 2.70 cumulative and major GPA.		
AT 3400 Pharmacology for Allied Health	2				Even Spring
BI 2110 Human Anatomy/Physiology I	3				Fall
BI 2120 Human Anatomy/Physiology II	3				Spring
BI 2130 Human Anatomy/Physiology Lab I	1				Fall
BI 2140 Human Anatomy/Physiology Lab II	1				Spring
CH 2130 General Chemistry I	3	QRCO			Fall
CH 2140 General Chemistry II	3				Spring
CH 2230 General Chemistry I Laboratory	1				Fall
CH 2240 General Chemistry II Laboratory	1				Spring
HE 3220 Applied Nutrition for Exercise & Wellness	3	TECO			
EN 1200 Composition	3				
IS 1111 The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA Mathematics Foundations	3	*Recommended: MA 2010 or MA 2300			
CTDI Creative Thought Direction	3				
CTDI Creative Thought Direction	3				
PPDI Past and Present Direction	3				
PPDI Past and Present Direction	3				
SSDI Self and Society Direction	3				
SSDI Self and Society Direction	3				
GACO Global Awareness Connection	3				
WECO Wellness Connection	3				
Electives	17.5				

*Recommended courses are MA 2010 or MA 2300.

PE 4800 requires a minimum cumulative grade point average of 2.50.