

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS HEALTH EDUCATION 2006-2007

Student: \_\_\_\_\_  
 Student ID: \_\_\_\_\_  
 Enrollment Date: \_\_\_\_\_

Option: **School Health (K-12)**  
 Total semester hours required: 122  
 Total semester hours transferred: \_\_\_\_\_

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
HE 1970 Introduction to Health Promotion	3				Falls
HE 2500 First Aid and CPR/AED	1.5				
HE 2900 Disease, Safety and Environment	3	WECO			
HE 3200 Stress Management	3	WECO			
HE 3210 Mental Health Issues	3				Falls
HE 3220 Applied Nutrition for Exercise & Wellness	3	TECO			
HE 3330 Evaluation/Research in Health Promotion	3	QRCO			Springs
HE 3660 CPR and First Aid Instructor	1.5				
HE 3700 Drug Behavior	3				
HE 3710 Sex and Family Living Education	3				
HE 3750 Wellness Skills for Health Professionals	3				Odd Springs
HE 3760 Planning and Implementing Health Promotion Programs	4				Falls
HE 4070 Health Promotion Strategies	2				
HE 4530 Senior Seminar in Health Promotion	1				Springs
HE 4640 School Health Clinical	1		Requires 2.60 cumulative GPA.		
HE 4950 Student Teaching K-12: Elementary Component	6		Requires 2.70 cumulative GPA.		
HE 4960 Student Teaching K-12: Secondary Component	6		Requires 2.70 cumulative GPA.		
BI 2110 Human Anatomy and Physiology I	4				Falls
BI 2120 Human Anatomy and Physiology II	4				Springs
IS 4360 Cultural Diversity and American Society	3	DICO, INCO			
PE 2415 Introduction to PE and Health Instruction	3				Springs
PE 2731 Motor Development	3	WRCO			Springs
PE 3260 Health Fitness Assessment and Programming	3				
PE 3310 Curriculum Design & Implementation	3				Falls
PS 2060 Educational Psychology	3				
<i>Special Education Elective -</i>	3	Complete <b>one</b> of the following:			
PE 3590 Adaptation & Inclusion in Physical Activity		DICO, WRCO			
SE 3090 Introduction to Special Education: Middle and Secondary					
EN 1200 Composition	3				
IS 1111 The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA Math Foundations (MA 1800 or above)	3				
CTDI Creative Thought Direction	3				
CTDI Creative Thought Direction	3				
PPDI Past and Present Direction	3				
PPDI Past and Present Direction	3				
SSDI Self and Society Direction	3				
SSDI Self and Society Direction	3				
GACO Global Awareness Connection	3				
Electives	13				

HE 4640 requires a minimum cumulative grade point average of 2.60. HE 4950 and HE 4960 require a minimum cumulative grade point average of 2.70.