

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS PHYSICAL EDUCATION 2006-2007

Student: _____
 Student ID: _____
 Enrollment Date: _____

Option: **Applied Health Fitness**
 Total semester hours required: 122
 Total semester hours transferred: _____

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE courses Professional Activity (2000 level) or Physical Activity Skills (1000 level)	3				
PE 2428 Flexibility, Core and Balance Training	1.5				
PE 2525 Group Exercise Leadership	1.5				
PE 2550 Foundations of Physical Education	3	TECO			
PE 2740 Water Exercise Techniques	1.5				Falls
PE 2831 Resistance Training Techniques	1.5				
PE 3260 Health Fitness Assess. & Programming	3				
PE 3570 Kinesiology	3				
PE 3580 Physiology of Exercise	3				Falls
PE 3590 Adaptation & Inclusion in Physical Activity	3	DICO, WRCO			
PE 3650 Physical Activity and Aging	3	WECO			Falls
PE 4010 Psychosocial Theories of Physical Activity	3	INCO			
<i>Health and Exercise Group -</i> HE 3200, HE 3210, HE 3220, HE 4100, PE 3300, PE 3720, PE 3750, PE 3760, PE 4520, PE 4770	12	Complete 12 credits from the following:			
<i>Individual and Society Group</i> CC 3780, CC 3860, PS 3200, PS 3560, PY 3150, SO 3010	6	Complete six credits from the following:			
<i>Organization, Mgmt, Marketing & Communication Group-</i> BU 2250, BU 2450, BU 3340, BU 3420, CM 2770, CM 2910, CM 3500	6	Complete six credits from the following:			
<i>Capstone Experience -</i>	3	Complete at least three credits from the following:			
PE 4800 Senior Research I <i>and</i>			Requires a 2.50 cumulative GPA.		Falls
PE 4810 Senior Research II					Springs
PE 4880 Physical Education Internship			Requires a 2.70 cumulative and major GPA.		
PE 4890 Org & Admin of Applied Health I <i>and</i>					
PE 4900 Org & Admin of Applied Health II					
BI 2110 Human Anatomy and Physiology I	4				Falls
BI 2120 Human Anatomy and Physiology II	4				Springs
EN 1200 Composition	3				
IS 1111 The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA Math Foundations (MA 1800 or above)	3				
CTDI Creative Thought Direction	3				
CTDI Creative Thought Direction	3				
PPDI Past and Present Direction	3				
PPDI Past and Present Direction	3				
SSDI Self and Society Direction	3				
SSDI Self and Society Direction	3				
GACO Global Awareness Connection	3				
<i>Quantitative Reasoning in the Discipline Connection -</i> HE 3330 Evaluation/Research in Health Promotion MA 2300 Statistics I PE 3560 Measurement and Assessment in PE	3	Complete one of the following:			
		QRCO			Springs
		QRCO			
		QRCO			Springs
<i>Writing in the Discipline Connection -</i> PE 2731 Motor Development BU 2290 Organizational Communications	3	Complete one of the following:			
		WRCO			Springs
		WRCO			
Electives	21				