

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS PHYSICAL EDUCATION 2006-2007

Student: \_\_\_\_\_  
 Student ID: \_\_\_\_\_  
 Enrollment Date: \_\_\_\_\_

Option: **Exercise Physiology**  
 Total semester hours required: 122  
 Total semester hours transferred: \_\_\_\_\_

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE courses Professional Activity (2000 level) or Physical Activity Skills (1000 level)	4.5				
Group A Activity - complete <b>one</b> of the following:	1.5				
PE 2428 Flexibility, Core and Balance Training					
PE 2525 Group Exercise Leadership					
PE 2640 Burdenko Conditioning					Spring
PE 2740 Water Exercise Techniques					Fall
PE 2550 Foundations of Physical Education	3	TECO			
PE 2731 Motor Development	3	WRCO			Spring
PE 2831 Resistance Training Techniques	1.5				
PE 3560 Measurement and Assessment in PE	3	QRCO			Spring
PE 3570 Kinesiology	3				
PE 3580 Physiology of Exercise	3				Fall
PE 3720 Motor Learning	3				Fall
PE 3750 Physiology of Exercise Lab	1				
PE 3760 Advanced Laboratory Techniques	3				Spring
PE 4520 Principles and Theories of Strength and Conditioning	3				Spring
PE 4770 Cardiovascular Physiology	3				Fall
PE 4790 Exercise Biochemistry	3				Fall
Capstone Experience -	3	Complete <b>three credits</b> from the following:			
PE 4800 Senior Research I and			Requires 2.50 cumulative GPA.		Fall
PE 4810 Senior Research II					Spring
PE 4880 Physical Education Internship			Requires 2.70 cumulative and major GPA.		
AT 3400 Pharmacology for Allied Health	2				Even Spring
BI 2110 Human Anatomy and Physiology I	4				Fall
BI 2120 Human Anatomy and Physiology II	4				Spring
CH 2130 General Chemistry I	3	QRCO			Fall
CH 2140 General Chemistry II	3				Spring
CH 2230 General Chemistry Laboratory I	1				Fall
CH 2240 General Chemistry Laboratory II	1				Spring
HE 3220 Applied Nutrition for Exercise & Wellness	3	TECO			
EN 1200 Composition	3				
IS 1111 The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA Math Foundations (MA 1800 or above)	3				
CTDI Creative Thought Direction	3				
CTDI Creative Thought Direction	3				
PPDI Past and Present Direction	3				
PPDI Past and Present Direction	3				
SSDI Self and Society Direction	3				
SSDI Self and Society Direction	3				
DICO Diversity Connection	3				
GACO Global Awareness Connection	3				
INCO Integration Connection	3				
WECO Wellness Connection	3				
Electives	20.5				

PE 4800 requires a minimum cumulative grade point average of 2.50. PE 4880 requires a 2.70 (cumulative and major) grade point average.