

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS PHYSICAL EDUCATION 2006-2007

Student: \_\_\_\_\_  
 Student ID: \_\_\_\_\_  
 Enrollment Date: \_\_\_\_\_

Option: **PE and HE Teacher Certification (K-12)**  
 Total semester hours required: 122  
 Total semester hours transferred: \_\_\_\_\_

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE courses Professional Activity (2000 level) or Physical Activity Skills (1000 level)	2				
PE 2415 Introduction to PE & Health Instruction	3				Springs
PE 2422 Rhythm and Dance Fundamentals	1.5				Springs
PE 2423 Fundamentals in Gymnastics	1.5				Falls
Group A Activity - complete <b>one</b> of the following:	1.5				
PE 2424 Net and Wall Activities					Springs
PE 2425 Lifetime/Leisure Activities					Even Falls
PE 2426 Striking and Fielding Activities					Odd Springs
PE 2427 Territorial Activities					Odd Falls
Group B Activities - complete <b>two</b> of the following:	3				
PE 2428 Flexibility, Core and Balance Training					
PE 2525 Group Exercise Leadership					
PE 2640 Burdenko Conditioning					Springs
PE 2740 Water Exercise Techniques					Falls
PE 2831 Resistance Training Techniques					
PE 2550 Foundations of Physical Education	3	TECO			
PE 2731 Motor Development	3	WRCO			Springs
PE 2860 Wellness Through Adventure	3	WECO			
PE 3000 Instructional Strategies I - Elementary	4		Requires 2.50 cumulative GPA		
PE 3260 Health Fitness Assess. & Programming	3				
PE 3310 Curriculum Design & Implementation	3				Falls
PE 3560 Measurement and Assessment in PE	3	QRCO			Springs
PE 3570 Kinesiology	3				
PE 3580 Physiology of Exercise	3				Falls
PE 3600 Adapted Physical Education	3				Springs
PE 3720 Motor Learning	3				Falls
PE 4000 Instructional Strategies II - Secondary	4		Requires 2.60 cumulative GPA		Falls
PE 4710 PE Student Teaching K-12: Elementary	6		Requires 2.70 cumulative GPA		
PE 4720 PE Student Teaching K-12: Secondary	6		Requires 2.70 cumulative GPA		
BI 2110 Human Anatomy and Physiology I	4				Falls
BI 2120 Human Anatomy and Physiology II	4				Springs
DN 2330 Movement Concepts for Elementary Ed	1				
HE 2900 Disease, Safety and Environment	3	WECO			
HE 3200 Stress Management	3	WECO			
HE 3220 Applied Nutrition for Exercise & Wellness	3	TECO			
HE 3660 CPR and First Aid Instructor	1.5				
HE 3700 Drug Behavior	3				
HE 3710 Sex and Family Living Education	3				
IS 4360 Cultural Diversity and American Society	3	DICO, INCO			
EN 1200 Composition	3				
IS 1111 The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA Math Foundations (MA 1800 or above)	3				
CTDI Creative Thought Directions	6				
PPDI Past and Present Directions	6				
SSDI Self and Society Directions	6				
GACO Global Awareness Connection	3				
Elective	1				

PE 3000 requires a minimum cumulative grade point average of 2.50. PE 4000 requires a minimum cumulative grade point average of 2.60. PE 4710 and PE 4720 require a minimum cumulative grade point average of 2.70 and completion of all required courses.