

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS HEALTH EDUCATION 2007-2008

Student: _____
 Student ID: _____
 Enrollment Date: _____

Option: **School Health (K-12)**
 Total semester hours required: 122
 Total semester hours transferred: _____

| Plymouth Requirements | Credits | Gen Ed | Transfer Course (Title) | Credits | To Be Taken |
|---|---------|---|---|---------|-------------|
| HE 1970 Introduction to Health Promotion | 3 | | | | Falls |
| HE 2500 First Aid and CPR/AED | 1.5 | | | | |
| HE 2900 Disease, Safety and Environment | 3 | WECO | | | |
| HE 3200 Stress Management | 3 | WECO | | | |
| HE 3210 Mental Health Issues | 3 | WECO | | | Falls |
| HE 3220 Applied Nutrition for Healthy Living | 3 | TECO | | | |
| HE 3330 Evaluation/Research in Health Promotion | 3 | QRCO | | | |
| HE 3660 CPR and First Aid Instructor | 1.5 | | | | Falls |
| HE 3700 Drug Behavior | 3 | WECO | | | |
| HE 3710 Sex and Family Living Education | 3 | | | | |
| HE 3750 Wellness Skills for Health Professionals | 3 | | | | Odd Springs |
| HE 3760 Planning and Implementing Health Promotion Programs | 4 | | | | Falls |
| HE 4530 Senior Seminar in Health Promotion | 1 | | | | Springs |
| HE 4640 School Health Clinical | 1 | | Requires 2.60 cumulative GPA. | | |
| HE 4950 Student Teaching K-12: Elementary Component | 6 | | Requires 2.70 cumulative GPA. Requires minimum grade of C in 4640. | | |
| HE 4960 Student Teaching K-12: Secondary Component | 6 | | Requires 2.70 cumulative GPA. Requires minimum grade of C in 4640. | | |
| BI 2110 Human Anatomy and Physiology I | 4 | | | | Falls |
| BI 2120 Human Anatomy and Physiology II | 4 | | | | Springs |
| IS 4360 Cultural Diversity and American Society | 3 | DICO, INCO | | | |
| PE 2415 Introduction to PE and Health Instruction | 3 | | | | Springs |
| PE 2731 Motor Development | 3 | WRCO | | | |
| PE 3260 Health Fitness Assessment and Programming | 3 | | | | |
| PE 3310 Curriculum Design & Implementation | 3 | | | | Falls |
| PS 2060 Educational Psychology | 3 | | | | |
| <i>Special Education Elective -</i> | 3 | Complete one of the following: | | | |
| PE 3590 Inclusive Physical Activity | | DICO, WRCO | | | Springs |
| SE 3090 Introduction to Special Education: Middle and Secondary | | | | | |
| EN 1200 Composition | 3 | | | | |
| IS 1111 The First Year Seminar | 3 | Transfers entering with 24+ credits are excused from IS 1111. | | | |
| MA Math Foundations (MA 1900 or above) | 3 | | | | |
| CTDI Creative Thought Direction | 3 | | | | |
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| PPDI Past and Present Direction | 3 | | | | |
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| SSDI Self and Society Direction | 3 | | | | |
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| GACO Global Awareness Connection | 3 | | | | |
| Electives | 15 | | | | |

HE 4640 requires a minimum cumulative grade point average of 2.60. HE 4950 and HE 4960 require a minimum grade of C in HE 4640 and a minimum cumulative grade point average of 2.70.