

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS PHYSICAL EDUCATION 2007-2008

Student: _____
 Student ID: _____
 Enrollment Date: _____

Option: **Applied Health Fitness**
 Total semester hours required: 122
 Total semester hours transferred: _____

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE 2428 Flexibility, Core and Balance Training	1.5				
PE 2525 Group Exercise Leadership	1.5				
PE 2550 Foundations of Physical Education	3	TECO			
PE 2740 Water Exercise Techniques	1.5				
PE 2831 Resistance Training Techniques	1.5				
PE 3260 Health Fitness Assess. & Programming	3				
PE 3570 Kinesiology	3				
PE 3580 Physiology of Exercise	3				
PE 3590 Inclusive Physical Activity	3	DICO, WRCO			Spring
PE 3650 Physical Activity and Aging	3	WECO			Fall
PE 3750 Physiology of Exercise Lab	1				
PE 4010 Psychosocial Theories of Physical Activity	3	INCO			
<i>Group A – complete one of the following:</i>	3				
PE 2731 Motor Development		WRCO			
PS 2010 Introduction to General Psychology					
PS 2050 Life-Span Developmental Psychology					
<i>Health and Exercise Group -</i> HE 3200, HE 3210, HE 4100, PE 3300, PE 3720, PE 3760, PE 4520, PE 4770, PE 4780	6		Complete six credits from the following:		
<i>Individual and Society Group</i> IS 4360, PS 3200, PS 3560, SO 3010, SW 3300, SW 3500	3		Complete three credits from the following:		
<i>Organization, Mgmt, Marketing & Communication Group -</i> BU 2250, BU 2290, BU 2450, BU 3340, BU 3420, BU 3720, CM 2910	6		Complete six credits from the following:		
<i>Capstone Experience -</i>	3		Complete at least three credits from the following:		
PE 4880 Physical Education Internship			Requires a 2.70 cumulative and major GPA.		
PE 4890 Org & Admin of Applied Health I and PE 4900 Org & Admin of Applied Health II					
BI 2110 Human Anatomy and Physiology I	4				Fall
BI 2120 Human Anatomy and Physiology II	4				Spring
HE 3220 Applied Nutrition for Healthy Living	3	TECO			
<i>Quantitative Reasoning in the Discipline Connection -</i>	3		Complete one of the following:		
HE 3330 Evaluation/Research in Health Promotion		QRCO			
MA 2300 Statistics I		QRCO			
PE 3560 Measurement and Assessment in PE		QRCO			
EN 1200 Composition	3				
IS 1111 The First Year Seminar	3		Transfers entering with 24+ credits are excused from IS 1111.		
MA Math Foundations (MA 2000 level)	3	not MA 2110			
CTDI Creative Thought Direction	3				
CTDI Creative Thought Direction	3				
PPDI Past and Present Direction	3				
PPDI Past and Present Direction	3				
SSDI Self and Society Direction	3				
SSDI Self and Society Direction	3				
GACO Global Awareness Connection	3				
Electives	29				