

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS PHYSICAL EDUCATION 2007-2008

Student: _____
 Student ID: _____
 Enrollment Date: _____

Option: **Sport Physiology**
 Total semester hours required: 122
 Total semester hours transferred: _____

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE courses Professional Activity (2000 level) or Physical Activity Skills (1000 level)	4.5	not PEDI			
Group A Activity - complete one of the following:	1.5				
PE 2428 Flexibility, Core and Balance Training					
PE 2525 Group Exercise Leadership					
PE 2640 Burdenko Conditioning					Springs
PE 2740 Water Exercise Techniques					
PE 2550 Foundations of Physical Education	3	TECO			
PE 2731 Motor Development	3	WRCO			
PE 2831 Resistance Training Techniques	1.5				
PE 3560 Measurement and Assessment in PE	3	QRCO			
PE 3570 Kinesiology	3				
PE 3580 Physiology of Exercise	3				
PE 3720 Motor Learning	3				
PE 3750 Physiology of Exercise Lab	1				
PE 3760 Advanced Laboratory Techniques	3				Springs
PE 4520 Principles and Theories of Strength and Conditioning	3				Springs
PE 4770 Cardiovascular Physiology	3				Falls
PE 4790 Exercise Biochemistry	3				Falls
Capstone Experience – complete both courses:	6				
PE 4800 Senior Research I					Falls
PE 4810 Senior Research II					Springs
AT 3400 Pharmacology for Allied Health	2				Springs
BI 2110 Human Anatomy and Physiology I	4				Falls
BI 2120 Human Anatomy and Physiology II	4				Springs
CH 2130 General Chemistry I	3	QRCO, TECO			Falls
CH 2140 General Chemistry II	3				Springs
CH 2230 General Chemistry Laboratory I	1				Falls
CH 2240 General Chemistry Laboratory II	1				Springs
HE 3220 Applied Nutrition for Healthy Living	3	TECO			
EN 1200 Composition	3				
IS 1111 The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA Math Foundations (MA 2000 level)	3	not MA 2110			
CTDI Creative Thought Direction	3				
CTDI Creative Thought Direction	3				
PPDI Past and Present Direction	3				
PPDI Past and Present Direction	3				
SSDI Self and Society Direction	3				
SSDI Self and Society Direction	3				
DICO Diversity Connection	3				
GACO Global Awareness Connection	3				
INCO Integration Connection	3				
WECO Wellness Connection	3				
Electives	17.5				