

Plymouth State University **ACADEMIC MINOR REQUIREMENTS**  
**COACHING MINOR 2008-2009**

Student: \_\_\_\_\_  
 Student ID: \_\_\_\_\_  
 Enrollment Date: \_\_\_\_\_  
 Student Major/Option: \_\_\_\_\_

Department: **Health and Human Performance**  
 Total semester hours required: 21.5  
 Total semester hours transferred: \_\_\_\_\_  
 Catalog Used for Major/Option: \_\_\_\_\_

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
CC 2540 Coaching Effectiveness	3				Falls
CC 2660 Basic Athletic Training	2				Odd Falls
CC 3600 Coaching Seminar	1.5				
CC 3670 Organization and Administration of Physical Education and Athletics	3				Odd Falls
CC 3780 Sport in Society	3				Even Falls
CC 3860 Psychological Aspects of Sports	3				Odd Falls
HE 2500* First Aid and CPR/AED	1.5				
PE 2831 Resistance Training Techniques	1.5				
Complete <b>one</b> course from the following:	3				
BI 2410 Nutrition					Odd Springs
HE 3220 Applied Nutrition for Healthy Living					

\*Students who have a valid certification from professional organizations do not have to take HE 2500. Students must take another course for 1.5 credits or more offered by the Department of Health and Human performance to replace HE 2500.

Students may elect to take Coaching Practicum (CC 3880), Coaching Clinical (CC 4610) or Coaching Internship (CC 4880). Each elective carries a minimum grade point average requirement and requires permission from the Coaching Minor Coordinator and the Mentor Coach.

*Note: Students with a minor must complete six credits of upper-level courses outside the major discipline.*