

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

**BS EXERCISE AND SPORT PHYSIOLOGY 2011-2012**

Student: \_\_\_\_\_

Student ID: \_\_\_\_\_

Enrollment Date: \_\_\_\_\_

Total semester hours required: 120

Total semester hours transferred: \_\_\_\_\_

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE 2428 Flexibility, Core and Balance Training	1.5				
PE 2550 Foundations of Physical Education	3	TECO			
PE 2640 Burdenko Conditioning	1.5				Spring
PE 2831 Resistance Training Techniques	1.5				
PE 3570 Kinesiology	3				
PE 3580 Physiology of Exercise	3				
PE 3750 Physiology of Exercise Lab	1				
PE 3760 Advanced Laboratory Techniques	3				Spring
PE 3850 Introduction to Research Writing	1				Spring
PE 4520 Principles and Theories of Strength and Conditioning	3				Spring
PE 4770 Cardiovascular Physiology	3				Fall
PE 4780 Exercise Prescription	3				Spring
PE 4790 Exercise Biochemistry	3				Fall
AT 3400 Pharmacology for Allied Health	2				Spring
BI 2110 Human Anatomy and Physiology I	4				Fall
BI 2120 Human Anatomy and Physiology II	4				Spring
CH 2330 General Chemistry I	4	QRCO, TECO			Fall
CH 2340 General Chemistry II	4				Spring
HE 3220 Applied Nutrition for Healthy Living	3	TECO			
MA 2300 Statistics I	3	MATH			
<i>Capstone Experience</i> – complete <b>both</b> courses:					
PE 4805 Senior Research I	3	WRCO			Fall
PE 4810 Senior Research II	3				Spring
EN 1200 Composition	3				
IS 1111 The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
CTDI Creative Thought Direction	3				
CTDI Creative Thought Direction	3				
PPDI Past and Present Direction	3				
PPDI Past and Present Direction	3				
SSDI Self and Society Direction	3				
SSDI Self and Society Direction	3				
DICO Diversity Connection	3				
GACO Global Awareness Connection	3				
INCO Integration Connection	3				
WECO Wellness Connection	3				
Electives	23.5				