

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS PHYSICAL EDUCATION 2011-2012

Student: _____
 Student ID: _____
 Enrollment Date: _____

Option: **Applied Health Fitness**
 Total semester hours required: 122
 Total semester hours transferred: _____

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE 2428 Flexibility, Core and Balance Training	1.5				
PE 2525 Group Exercise Leadership	1.5				Springs
PE 2550 Foundations of Physical Education	3	TECO			
PE 2740 Water Exercise Techniques	1.5				
PE 2831 Resistance Training Techniques	1.5				
PE 3260 Health Fitness Assess. & Programming	3				
PE 3570 Kinesiology	3				
PE 3580 Physiology of Exercise	3				
PE 3590 Inclusive Physical Activity Programs	3	DICO, WRCO			Springs
PE 3650 Physical Activity and Aging	3	WECO			Falls
PE 3750 Physiology of Exercise Lab	1				
PE 4010 Psychosocial Theories of Physical Activity	3	INCO			Falls
BI 2110 Human Anatomy and Physiology I	4				Falls
BI 2120 Human Anatomy and Physiology II	4				Springs
HE 3220 Applied Nutrition for Healthy Living	3	TECO			
<i>Health and Exercise Group -</i>	6	Complete six credits of 3000/4000 level HE or PE courses (not HEDI or PEDI):			
HE/PE		not HEDI or PEDI			
HE/PE		not HEDI or PEDI			
<i>Individual and Society Group -</i>	3	Complete three credits from the following:			
PS 3200 Psychology of Women		DICO			Springs
PS 3560 Adulthood and Aging					Falls
SW 3500 Health and Society		GACO,WECO			Falls
<i>Group A -</i>	3	Complete one of the following:			
PE 2731 Motor Development		WRCO			
PS 2010 Introduction to General Psychology					
PS 2050 Life-Span Developmental Psychology					
<i>Organization, Management, Marketing and Communication Group -</i>	6	Complete at least two courses from either the Business Administration minor or the Professional Communications minor (not BUDI, not CMDI, not ECDI, not ENDI):			
		not BUDI, CMDI, ECDI, or ENDI			
		not BUDI, CMDI, ECDI, or ENDI			
<i>Capstone Experience -</i>	3	Complete three credits from the following:			
PE 4880 Physical Education Internship			Requires a 2.70 cumulative and major GPA.		
PE 4920 Organization & Administration of Applied Health Fitness I			Requires a 2.00 minimum major GPA.		
<i>Quantitative Reasoning in the Discipline Connection -</i>	3	Complete one of the following:			
HE 3330 Evaluation/Research in Health Promotion		QRCO			Springs
MA 2300 Statistics I		QRCO			
PE 3560 Measurement and Assessment in PE		QRCO			
EN 1200 Composition	3				
IS 1111 The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA Math Foundations	3				
CTDI Creative Thought Direction	3				
CTDI Creative Thought Direction	3				
PPDI Past and Present Direction	3				
PPDI Past and Present Direction	3				
SSDI Self and Society Direction	3				
SSDI Self and Society Direction	3				
GACO Global Awareness Connection	3				
Electives	29				

PE 4880 requires a minimum grade point average of 2.70 (cumulative and major). PE 4920 requires a minimum major grade point average of 2.00.