

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS PHYSICAL EDUCATION 2011-2012

Student: _____
 Student ID: _____
 Enrollment Date: _____

Option: _____ **Contract**
 Total semester hours required: 122
 Total semester hours transferred: _____

| Plymouth Requirements | Credits | Gen Ed | Transfer Course (Title) | Credits | To Be Taken |
|--|---------|--|-------------------------|---------|-------------|
| PE 2550 Foundations of Physical Education | 3 | TECO | | | |
| PE 3570 Kinesiology | 3 | | | | |
| PE 3580 Physiology of Exercise | 3 | | | | |
| <i>Lower-level Physical Education courses -</i> | 10 | Complete 10 credits of 1000/2000 level PE courses, with minimally two courses (3 credits) from the following (not PEDI): | | | |
| PE 2428 Flexibility, Core and Balance Training | | not PEDI | | | |
| PE 2525 Group Exercise Leadership | | not PEDI | | | Spring |
| PE 2640 Burdenko Conditioning | | not PEDI | | | Spring |
| PE 2740 Water Exercise Techniques | | not PEDI | | | |
| PE 2831 Resistance Training Techniques | | not PEDI | | | |
| PE | | not PEDI | | | |
| PE | | not PEDI | | | |
| PE | | not PEDI | | | |
| PE | | not PEDI | | | |
| PE | | not PEDI | | | |
| <i>Upper-level Physical Education courses -</i> | 24 | Complete 24 credits of 3000/4000 level Coaching courses (not CCDI) or PE courses (not PEDI): | | | |
| CC/PE | | not CCDI/PEDI | | | |
| CC/PE | | not CCDI/PEDI | | | |
| CC/PE | | not CCDI/PEDI | | | |
| CC/PE | | not CCDI/PEDI | | | |
| CC/PE | | not CCDI/PEDI | | | |
| CC/PE | | not CCDI/PEDI | | | |
| CC/PE | | not CCDI/PEDI | | | |
| CC/PE | | not CCDI/PEDI | | | |
| BI 2110 Human Anatomy and Physiology I | 4 | | | | Fall |
| BI 2120 Human Anatomy and Physiology II | 4 | | | | Spring |
| <i>Quantitative Reasoning in the Discipline Connection -</i> | 3 | Complete one of the following: | | | |
| HE 3330 Evaluation/Research in Health Promotion | | QRCO | | | Spring |
| MA 2300 Statistics I | | QRCO | | | |
| PE 3560 Measurement and Assessment in PE | | QRCO | | | |
| <i>Writing in the Discipline Connection -</i> | 3 | Complete one of the following: | | | |
| PE 2731 Motor Development | | WRCO | | | |
| PE 3590 Inclusive Physical Activity Programs | | DICO, WRCO | | | Spring |
| EN 1200 Composition | 3 | | | | |
| IS 1111 The First Year Seminar | 3 | Transfers entering with 24+ credits are excused from IS 1111. | | | |
| MA Math Foundations | 3 | | | | |
| CTDI Creative Thought Direction | 3 | | | | |
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| PPDI Past and Present Direction | 3 | | | | |
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| SSDI Self and Society Direction | 3 | | | | |
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| DICO Diversity Connection | 3 | | | | |
| GACO Global Awareness Connection | 3 | | | | |
| INCO Integration Connection | 3 | | | | |
| WECO Wellness Connection | 3 | | | | |
| Electives | 26 | | | | |

Students must have completed a minimum of 90 credits in order to select this option.