

EQUIPMENT LIST FOR WHITE MOUNTIAN ORIENTATION TRIP:
SEA KAYAKING

1. Rain jacket and pants
2. synthetic top, pants and socks
3. bathing suit
4. fleece top and bottom
5. 2 cotton t shirts
6. sport bras(female)
7. underwear
8. nylon shorts
9. sun hat
10. closed toe shoes for water
11. shoes to wear around camp ground
12. shoes you can wear hiking (boots, running shoes)
13. toothbrush, toothpaste, floss
14. lip balm
15. bug spray
16. sunscreen
17. 1 towel
18. Sleeping bag
19. Sleeping pad
20. Day pack
21. Trash bags (the big black ones)
22. Water bottle (x2)
23. Headlamp
24. Pen and journal
25. Bandana
26. Bowl, spork, cup

Optional Items:

1. Camera
2. Book
3. Crazy Creek Chair
4. Ear Plugs
5. Bug Head Net
6. Gaiters
7. Dry Bag
8. Bivy