Welcome to the beginning of an exciting, rewarding career specializing in eating disorders.

The Eating Disorders Institute at Plymouth State University offers a 15-credit graduate certificate program.

Program benefits:

- Provides professionals with research-based tools, techniques, and strategies to use in medical treatment, mental health counseling, nutrition counseling, or education and outreach work.

- Four three-credit graduate courses are offered in an intensive two-and-a-half-day residential format with an online component, plus a 120-hour capstone experience in eating disorders.

- Meets the needs of health and mental health professionals, dietitians, school professionals, and others across the country with an interest in this unique specialization. It is also for those who wish to become a Certified Eating Disorders Specialist in behavioral health, nutrition, or nursing.

Plymouth State University offers the nation’s only eating disorders certificate program of its type. PSU also offers the nation’s only MEd program with a 15-credit focus on eating disorders.
## Required Courses:
The EDI certificate can be completed in eight months to one year.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HL 5151</td>
<td>Eating Disorders Clinical</td>
<td>3</td>
</tr>
<tr>
<td>HL 5160</td>
<td>Eating Disorders: Awareness, Prevention, and Education</td>
<td>3</td>
</tr>
<tr>
<td>HL 5170</td>
<td>Treatment Modalities for Eating Disorders</td>
<td>3</td>
</tr>
<tr>
<td>HL 5180</td>
<td>Nutrition: Education and Counseling</td>
<td>3</td>
</tr>
<tr>
<td>HL 5190</td>
<td>Medical and Physiological Aspects of Eating Disorders</td>
<td>3</td>
</tr>
</tbody>
</table>

Total EDI Certificate: 15 credits

## Benefits:
- Members of the faculty have 100 years of combined experience in the eating disorders field
- Low residence schedule to accommodate working professionals and out-of-state students
- Capstone personalized in the clinical or education/outreach area to meet student’s interests and needs
- Approved site to offer the core eating disorders curriculum that satisfies the International Association of Eating Disorders Professionals (IAEDP) requirement for future certification

## EATING DISORDERS INSTITUTE FACULTY
- Mardie Burckes-Miller – Ed.D CHES, CEDS, FAED
  Founder and Director Eating Disorders Awareness, Clinical/Capstone
- Kari Anderson – DBH, LCMHC, CEDS
  Treatment Modalities
- Suzanne Dooley-Hash – MD
  Medical Aspects of Eating Disorders

## WHAT ARE PEOPLE SAYING ABOUT THE PROGRAM?
Craig Johnson
Chief Science Officer and Director, Family Institute at Eating Recovery Center

“There are very few training opportunities for professionals seeking specialization in the treatment of eating disorders. The Eating Disorders Institute (EDI) offers a unique, multidisciplinary training program. I hope this becomes a model program that other universities will adopt.”

Left: PSU Fall 2017 Eating Disorders graduate class at Waterville Valley, NH