## Conference Schedule: Thursday, September 20

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:15-10:30 am</td>
<td>Opening Welcome</td>
</tr>
<tr>
<td>10:30-11:00 am</td>
<td>Break/Exhibits</td>
</tr>
<tr>
<td>11:00-12:15 pm</td>
<td>1A URGE 911: Making Urges More Manageable - Travis Stewart</td>
</tr>
<tr>
<td></td>
<td>1B Integrative Case Study Approach - Kari Anderson, Suzanne Dooley-Hash - Heidi Shauster</td>
</tr>
<tr>
<td></td>
<td>1C Are You Sure It's ARFID? Treating Sensory Processing &amp; Eating Disorders - Monika Ostroff</td>
</tr>
<tr>
<td>12:15-1:00 pm</td>
<td>Break/Lunch</td>
</tr>
<tr>
<td>1:00-2:15 pm</td>
<td>2A Express Yourself: Expressive Therapy Exercises for Mind, Body and Spirit - Margaret Nagib</td>
</tr>
<tr>
<td></td>
<td>2B Athletes at Every Size - Regan Chastain</td>
</tr>
<tr>
<td></td>
<td>2C The New Science When Treating BED - Kari Anderson</td>
</tr>
<tr>
<td>2:00-2:30 pm</td>
<td>Break/Exhibits</td>
</tr>
<tr>
<td>2:30-3:45 pm</td>
<td>3A Medical Treatment of the Severely Ill Patients: Do's and Don'ts - Patrice Lockhart</td>
</tr>
<tr>
<td></td>
<td>3B Prevention at Your Place: Putting together a Program That Fits - Stephanie Haines</td>
</tr>
<tr>
<td></td>
<td>3C The Influence of Nutrition on Brain Repair During Trauma Recovery - Ralph Carson</td>
</tr>
</tbody>
</table>

## Conference Schedule: Friday, September 21

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00-9:30 am</td>
<td>Opening Welcome</td>
</tr>
<tr>
<td>9:30-9:45 am</td>
<td>Break/Exhibits</td>
</tr>
<tr>
<td>9:45-11:00 am</td>
<td>1A Diabulimia - Erin Akers</td>
</tr>
<tr>
<td></td>
<td>1B First Line of Defense: Assessment &amp; Treatment Strategies for Athletes - Emily J. Slager</td>
</tr>
<tr>
<td></td>
<td>1C Out of the Box: OSFED and UFED, Not Your Stereotypical Eating Disorders - Seda Ebrahimi</td>
</tr>
<tr>
<td>11:00-11:15 pm</td>
<td>Break/Exhibits</td>
</tr>
<tr>
<td>11:15-12:30 pm</td>
<td>2A Nourishment in Recovery: 10 Steps to Healing - Heidi Schauster</td>
</tr>
<tr>
<td></td>
<td>2B Swimming with the Sharks: Insurance Issues - Edward Tyson</td>
</tr>
<tr>
<td></td>
<td>2C Nourishing Hope: Client Spirituality - R. Sloane Franklin</td>
</tr>
<tr>
<td>12:30-12:45 pm</td>
<td>Break/Lunch</td>
</tr>
<tr>
<td>12:45-2:00 pm</td>
<td>3A Specialized Considerations in the Treatment of Eating Disorders: LGBTQ - Christine Lang - Fiona LaRosa-Waters</td>
</tr>
<tr>
<td></td>
<td>3B Gastrointestinal Complications in Eating Disorders - Courtney Perrin - Maria Larkin</td>
</tr>
<tr>
<td></td>
<td>3C Eating Disorders Institute - PSU</td>
</tr>
<tr>
<td></td>
<td>Eating Disorders and Food Insecurity - Katie Gustamachio</td>
</tr>
<tr>
<td></td>
<td>Military and Disordered Eating - Meghan Livingstone</td>
</tr>
</tbody>
</table>