Summer Fun on Ice
Figure Skating Skills Camp

Monday, Aug. 7 - Friday, Aug. 11, 2017
9am-12:30pm
at Plymouth State University Hanaway Ice Arena

Week-long Program Includes:
• Jump, spin, edge, and ice dance focus sessions;
  • Program development;
• Performance and showmanship skills;
• Off-ice, yoga, stretching, and visualization exercises;
• Setting goals, practice habits, harnessing positivity, & the many ways skating can influence and impact skaters’ futures.

Designed and Taught by: Coach Beth Weick

Program cost: $275
Open to skaters who have passed Basic 4 and above.
Skaters will be organized into Advanced Beginner, Intermediate, & High levels for training purposes.

For information and registration form, please contact Beth at b.a.weick@gmail.com

Coach Beth Weick holds her Gold Level tests in Freestyle and Moves in the Field, as well as Pre-Gold tests in Ice Dance, and Preliminary Pairs. She formerly competed at the Senior level throughout the East Coast. She began working as a coach and choreographer in the early 2000s, in the Mid-Atlantic region. After taking some time away from the sport, she resumed coaching in 2015, offering private and semi-private lessons. Focus areas include jumps, spins, power, artistry, edge/flow, and choreography.