

**Plymouth State University  
Int'l Student Services Offices (ISSO)**

**ACADEMIC ADVISER'S RECOMMENDATION FORM  
FOR F-1 OPTIONAL PRACTICAL TRAINING (OPT)**

This form provides the ISSO with the information required by the U.S. Citizenship and Immigration Services for the granting of employment for practical training to an international student. The purpose of this form is to have the academic advisor's confirmation that this student will be completing the program at the time stated below. Questions pertaining to undergraduate students can be directed to Jane Barry, [jane.barry@plymouth.edu](mailto:jane.barry@plymouth.edu), 535.3177 and for graduate students to Lisa Ladd, [lladd@plymouth.edu](mailto:lladd@plymouth.edu) or 535.2251. Thank you for your assistance.

STUDENT'S NAME:

\_\_\_\_\_

ADVISER'S NAME, TITLE, & DEPARTMENT:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

When do you anticipate this student completing his or her studies at Plymouth?  
(Please fill in date and check one of the following.)

- Graduation of Degree date \_\_\_\_\_  
 Completion of semester/last day as registered student \_\_\_\_\_  
 Other: \_\_\_\_\_

\_\_\_\_\_  
(explain)

\_\_\_\_\_  
Adviser's signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Phone number