



***March is National Nutrition Month
Come Enjoy a Taste of Eating Right!***

"TASTING TUESDAYS - SAVOR THE FLAVOR"
March 25 @ Union Grille
11:00 AM - 1:00 PM

- Learn how to combine taste and nutrition to create healthy meals!
- Taste sample recipes!
- Talk with Nutrition Experts!
- Enter the raffle to win prizes!

This program is brought to you by:



Look for Sodexo's Mindful green apple icon around campus to help guide you to a healthier eating plan and lifestyle.