

CAN REMEMBER/KNOW JUDGMENTS CREATE A SHIFT IN MEMORY STRATEGY?

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Previous research has shown that older adults demonstrate a memory benefit when asked to provide remember/know (RK) judgments (Naveh-Benjamin & Kilb, 2012). One explanation for the increase in performance is that providing RK judgments encourages participants to engage in new strategies at encoding and retrieval. We examined several manipulations to investigate possible strategy shifts that occur either at encoding or retrieval in younger and older adults, and results show some support for both explanations.