



Backpackers Personal Equipment List

Participant Name: _____ Trip Leader's Name: _____

***Group & activity specific equipment will be provided by the Outdoor Center (i.e. backpack, shelter, cook set, stove, etc...)**

Activity focused equipment you have & want to bring:

- Sleeping bag / compression sack / pad Headlamp Gaiters
 Crazy creek chair Compass

Items that can be checked out from the Outdoor Center during WMO check in for NO additional cost:

- Sleeping bag / compression sack / pad 1 quart water bottle (x2)
 Backpack Compass Gaiters
 Headlamp Whistle Crazy creek chair

<p>Personal Clothing</p> <p> <input type="checkbox"/> Sunglasses <input type="checkbox"/> hiking boots w/ ankle support ~ broken in before your WMO trip! <input type="checkbox"/> 1 pair of light weight camp shoes <input type="checkbox"/> 2-3 pairs of medium weight wool hiking socks, NO Cotton! <input type="checkbox"/> Wool / synthetic fleece hat <input type="checkbox"/> Synthetic fleece jacket / wool sweater <input type="checkbox"/> Synthetic long-sleeve shirt <input type="checkbox"/> 2 synthetic t-shirts <input type="checkbox"/> Rain jacket & rain pants - wind layer (Gortex) <input type="checkbox"/> Sun hat <input type="checkbox"/> 1 pair long pants, loose-fitting, synthetic <input type="checkbox"/> 1-2 pairs shorts, loose-fitting, synthetic <input type="checkbox"/> Underwear <input type="checkbox"/> sports bras <input type="checkbox"/> 2 Bandannas </p>	<p>Important items</p> <p> <input type="checkbox"/> sleeping bag & stuff sack <input type="checkbox"/> closed-cell foam sleeping pad / inflatable pad (NOT inflatable mattress) <input type="checkbox"/> Small flashlight (headlamp), extra batteries <input type="checkbox"/> 1 quart water bottle (x2) <input type="checkbox"/> Unbreakable mug w/ handle <input type="checkbox"/> Unbreakable bowl <input type="checkbox"/> Utensils (fork, spoon, spork knife) <input type="checkbox"/> 3 heavy plastic garbage bags <input type="checkbox"/> Leather work gloves </p>
<p>Personal Hygiene items</p> <p> <input type="checkbox"/> Toilet kit (toothbrush, toothpaste, lip balm, sunscreen, bug spray) <input type="checkbox"/> Bath towel (x2) <input type="checkbox"/> Women - feminine sanitary products <input type="checkbox"/> Medications? (allergy, pain, inhaler, etc.) <input type="checkbox"/> Glasses / contact lenses </p>	<p>Optional Items</p> <p> <input type="checkbox"/> Swim suit <input type="checkbox"/> Camera <input type="checkbox"/> Small notebook & pencil <input type="checkbox"/> Bivy sac <input type="checkbox"/> Small pack towel <input type="checkbox"/> Trekking poles <input type="checkbox"/> Gaiters </p>