

Exercise & Sport Physiology: DPT Block Plan

First Year		Second Year		Third Year		Fourth Year		Gen Ed Perspectives	
EX 2755 Intro to Exercise Science 3	Professional Skills Course* 1.5	PE 3570 Kinesiology 3	EX 3580 Exercise Physiology 3	PE 3720 Motor Learning 3	EX 3890 Exercise Testing 3	EX 4820 Advanced Exercise Physiology 3	Capstone EX 4830 Applied Research <i>or</i> EX 4880 Internship 4		Students can move these around into any Gen Ed block.
IS 1115 Tackling a Wicked Problem 4	MA 2300 Stats (Math Foundations) 3	CH 2335 General Chemistry I (QRCO) 4	EX 3750 Exercise Physiology Lab 1	EX 4520 P&T of S&C 3	EX 3895 Exercise Testing Lab 1	EX 4825 Advanced Exercise Physiology Lab 1	General Education (GACO) 3		Need total of 16 credits Directions
EN 1400 English Composition 4	BI 2120 Anatomy & Physiology II 3	General Education** CTDI 4	CH 2340 General Chemistry II (QRCO) 4	EX 4525 P&T of S&C Lab 1	EX 4870 Exercise Prescription 3	EX 4840 Research Methods in Exercise Science (WRCO) 3	Elective 1		Past and Present (PPDI) 3-6
BI 2110 Anatomy & Physiology I 3	BI 2140 Anatomy & Phys II Lab 1	BI 1110 Biology I 4	HE 2500 First Aid & CPR/AED 1.5	General Education (DICO) 4	HE 3220 Applied Nutrition 3	Psychology option: PBH 3200 Social & Behavioral Health Psychology or CC 3860 Psychological Aspects of Sport (springs, odd years) 3-4	Social/Behavioral Science/ Elective 4		Creative Thought (CTDI) 3-6
BI 2130 Anatomy & Phys I Lab 1	General Education** SSDI 4	Professional Skills Course* 1.5	BI 1120 Biology II 4	PH 2130 Physics I 4	PH 2140 Physics II 4	Social/Behavioral Science/ Elective 4	General Education (INCP) 3-4		Diversity (DICO) 3 Wellness (WECO) 3
	General Education** PPDI 4		General Education (WECO) 3						Integrated (INCP) 3
15	16.5	16.5	16.5	15	14	14-15	15-16		= 120.5

Pre-requisite requirements for graduate school in Physical Therapy vary by program. The pathway above includes the most common pre-requisite courses according to the American Physical Therapy Association. Students are strongly encouraged to identify graduate programs of interest early on in their undergraduate experience and to work with their advisors to create the most appropriate pathway for their post-graduation choice.

*Professional skills courses: PE 2428 Flex, Core, and Balance, PE 2525 Group Exercise Leadership, PE 2640 Burdenko, PE 2740 Water Exercise Techniques, PE 2831 Resistance Training Techniques.

**General Education Directions: students need one each of SSDI, CTDI, and PPDI AND 16 TOTAL credits (e.g. students may complete this requirement with four 4-credit courses).