



## OFFICE OF STUDENT LIFE



**ANNUAL REPORT**  
**AY 2022-23**

# DIRECTOR'S STATEMENT

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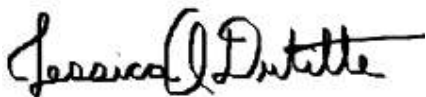
Higher education offers students powerful opportunities to explore their passions and to engage in transformative learning, which fuels future careers of purpose. This is how we advance society. It is with profound gratitude that I serve as an educator at Plymouth State University alongside exceptional colleagues on our Student Life Team. It is our collective and wholehearted intention to cultivate a sense of belonging among all Plymouth State students.

A growing body of research has led us to understand now more than ever, just how interconnected we are as human beings and the role that social connection plays in the learning process. Student Life provides a variety of experiences for students to connect and to consider what it means to be a compassionate human being, an active citizen, and a trusted neighbor in this beautiful town that we call home.

Our Student Life Team was pleased to engage students in 1,654 programs, events, projects, and club and organization meetings throughout this past academic year. With an average of six programs and events hosted per day, students explored a wide variety of unique co-curricular and leadership opportunities.

Student Life is committed to holding safe and brave space for Plymouth State students to grow personally and professionally. Together, we foster a caring and connected community that strives toward ensuring that every student at Plymouth State feels seen, valued, and loved. I sincerely thank our incredible students, treasured colleagues, and beloved community partners for co-creating this vision.

With gratitude,



**DR. JESSICA A. ORF DUTILLE**

Director of Student Life & Community Impact



# DIRECTOR'S STATEMENT

What an amazing year! We are so fortunate to get to work with so many incredible students and watch these students grow over their time at Plymouth State. It is such a privilege to work with such a talented team of people in Student Life and with a team that is so dedicated to the success of students. While we work out of The HUB and 'Here U Belong' has become a slogan that speaks to the tireless work of our team to work tirelessly to help foster a sense of belonging for all of our students. What an honor it is to be part of this team.

We strive to see the success for all students – whatever it looks like to them. We know that all people crave a sense of belonging and we are so proud to support that for all of our students as they find their true fit at PSU and make memories and connections that we hope will last a lifetime.

It is a true honor to work within a The Student Life Team to offer over 1600 programs, events, projects, and club and organization meetings throughout this past academic year. We pride ourselves in offering something for everyone and how we can help set up our students to know they are capable of amazing things.

We truly believe that we have the best job out there and it's because of the honor of working with these amazing students. The most important thing is to try and inspire people so that they can be great in whatever they want to do and we get to do that every single day. I couldn't be prouder of these students and our team. I look forward to all the great things we can continue to create together.

With gratitude,

*Drew Guay*

**DREW GUAY**

Director of Student Life & Campus Recreation



# STUDENT LIFE TEAM



Dr. Jessica Dutille (she/her)  
Director of Student Life  
& Community Impact



Drew Guay  
Director of Campus  
Recreation & Student Life



Randy Szabadics (he/him)  
Program Support Assistant  
for Student Life



Casey Krafton (she/her)  
Associate Director of  
Community Impact



Kyle Hastbacka (her/him)  
Associate Director of  
New Student Experience



Amber (they/them)  
Associate Director of  
Campus Recreation



Melina Baker-Murphy (she/her)  
Associate Director of  
Student Engagement



Jacqui Nelson (she/her)  
Interim Coordinator of  
Military Services



Kate Neal  
Director of Catholic  
Campus Ministry



Dr. Craig Paiement  
Outdoor Center Director



Emily Infinger (she/her)  
Community Impact Coordinator



Austin Anderson (he/him)  
Program Support

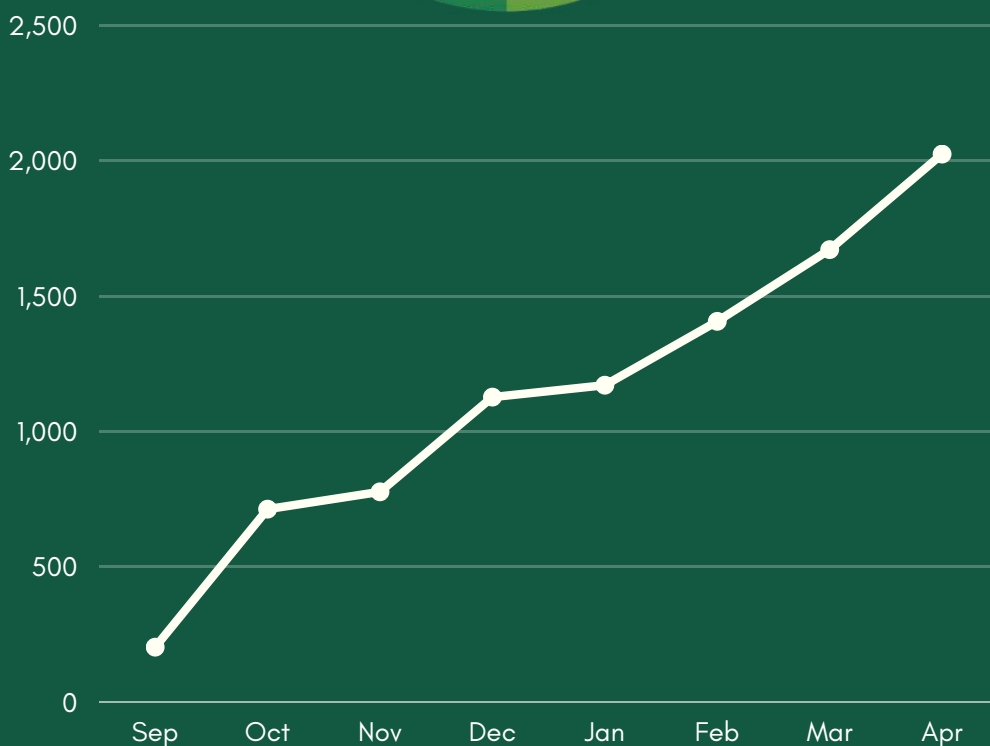


Jordan Durand (she/her)  
Graduate Assistant



# STUDENT LIFE OVERVIEW

*Student Life at PSU is committed to cultivating an inclusive community of love and belonging. Through our transformative co-curricular learning experiences, we provide students the opportunities to develop their sense of purpose, embody compassion, and grow into conscious leaders who actively work to make the world a more equitable place.*

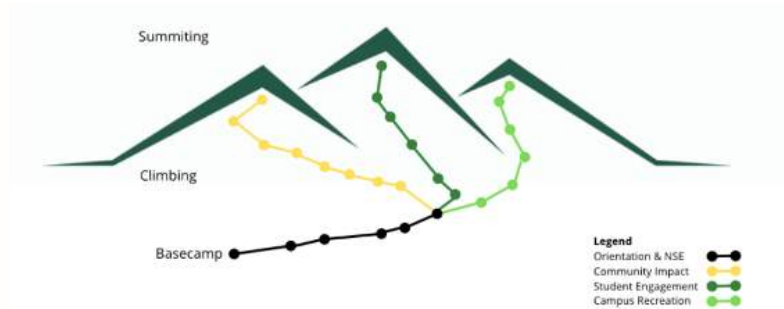


**HUB**  
HERE U BELONG

**FIGURE 1.**

*Total number of Student Life programs, events, projects, and student club/organization meetings in AY2022-23*

# CO-CURRICULAR LEARNING MODEL



## Co-Curricular Engagement Model

Student Life programs, events, and projects support PSU's academic cluster learning model by integrating Habits of Mind and NACE Competencies.\*



### PSU's Habits of Mind

Purposeful  
Communication

Problem  
Solving

Self-Regulated  
Learning

Integrated  
Perspective

### NACE Competencies\*

Communication

Critical Thinking

Career & Self  
Development

Equity &  
Inclusion

Technology

Teamwork

Professionalism

Leadership

\*National Association for Colleges and Employers. (2022). Career Readiness Defined. Retrieved from <https://www.nacweb.org/career-readiness/competencies/career-readiness-defined/>

# NEW STUDENT EXPERIENCE

OFFICE OF STUDENT LIFE



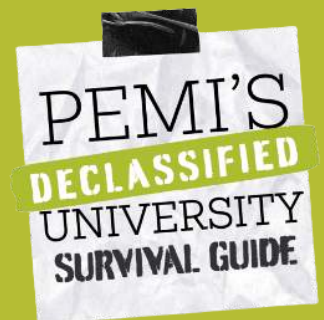
Our New Student Experience Office is designed to introduce incoming students to all the academic, social, and student services that will support them and help maximize their potential while at Plymouth State. Our programs include Orientation, Panther Days, and other events throughout the year to make Plymouth State a home away from home.



Pemi's Declassified University Survival Guide is a guide made for everyone! A guide with everything a first year may need to know in order to succeed. Within it, there are essential names to know, resources, how to get involved, campus traditions, offices, and more!

We understand that college can be a major adjustment and takes time to get used to. During that transitional time, visiting Prospect Dining Hall or attending a club meeting can be a daunting adventure. Pemi's Pals offers social support for students who would prefer to go to the Dining Hall or other social activities in a group.

*Plymouth State*  
**PANTHERS**



# NEW STUDENT EXPERIENCE

OFFICE OF STUDENT LIFE



Plymouth Jackpot Bingo is an incentivized engagement program for ALL new students in their first semester at PSU. By participating in campus events and traditions, students are entered to win exciting prizes!



**LOVED ONES  
ON CAMPUS**

PARENT / FAMILY WEEKEND

Parents and family members are invited to join their student on campus for a weekend of fun, informational sessions, and other opportunities to connect with the Plymouth State community.

**LOVED ONES  
IN THE LOOP**

PLYMOUTH STATE UNIVERSITY  
FAMILY PODCAST

The Loved Ones in the Loop podcast is hosted by Student Life staff members. Each episode highlights one of our campus partners and discusses how parents and families can support their students.

# STUDENT ENGAGEMENT

OFFICE OF STUDENT LIFE



At Plymouth State, we want our students to see further, beyond what they thought possible. That's why we offer so many ways for you to become involved—to help broaden perspectives, enlarge circles of friends, and enrich the student experience.

## 97 CLUBS & ORGANIZATIONS

Policy Updates,  
Semesterly Trainings,  
Advisor Trainings.

## WEEKEND PROGRAMMING

30+ weekend programming  
opportunities  
per semester.

## STUDENT GOVERNMENT ASSOCIATION

Ski Day, Institutional Development  
and Budget, Roots Project,  
Community Engagement.

## INTER-GREEK COUNCIL

Kappa Delta Phi NAS,  
Delta Zeta, Kappa Delta  
Phi, Sigma Tau Gamma.

## PLYMOUTH ACTIVITIES COUNCIL FOR STUDENTS

Welcome Week, On/Off Campus  
Programming, Casino Royal,  
Winter Carnival, Spring Fling.

Weekend programming every Thursday,  
Friday, and Saturday evening throughout the  
academic year!

*Out of the Darkness Walk*



*First Fire*



*Spring Fling*



# STUDENT ENGAGEMENT

OFFICE OF STUDENT LIFE



## Club and Organization Participation

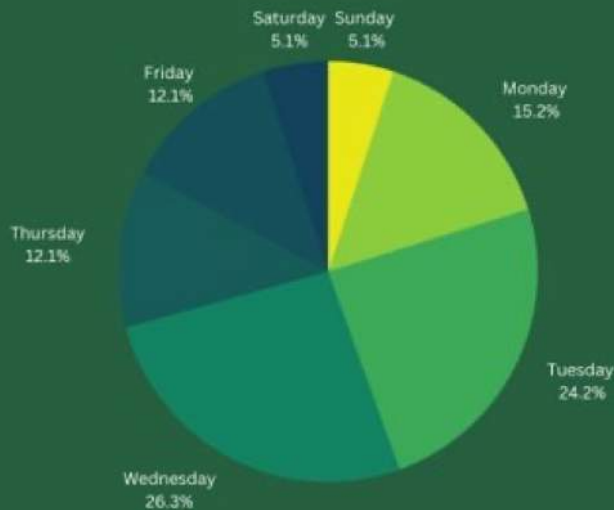
848 Students  
are in at least  
one club or  
organizations



488 Students  
are in two or  
more clubs or  
organizations



"There are ways to  
actively engage and  
make your college  
experience more than  
just going to school,  
its about being a part  
of a community"



AY 22/23



6 events hosted per day

# STUDENT ENGAGEMENT

## OFFICE OF STUDENT LIFE



	AY 22-23	AY 21-22	AY 20-21
# OF PROGRAMS HOSTED	1729	1058	1058

TOP 3 GOALS FOR FUTURE GROWTH	1	Data collection
	2	Policy Development
	3	Training Development





# Office of Military Services

50+ military students engaged in 22-23



~30 daily visitors for military history trivia

		AY 22-23	AY 21-22	AY 20-21
QUICK STATS	# OF PROGRAMS HOSTED	21	N/A	N/A
	# OF PROGRAMS CO-HOSTED	N/A	N/A	N/A
	# OF STUDENTS ENGAGED	40	40	40
	# OF CAMPUS PARTNERS ENGAGED	3	3	3
	# OF EXTERNAL PARTNERS ENGAGED	7	7	7

3.6 avg GPA

TOP 3 GOALS FOR FUTURE GROWTH	1	Grow number of students engaged
	2	Add events that partner with other campus groups
	3	Enhance communication between external faith community and campus

5 of 6 military branches represented

"I can't thank you enough for all this office has done this year, and only wish it had been here all of my four years." ~ Matayo G. ('23)



# Center for Reflection and Spiritual Care

## Campus Ministry



The Reflection and Spiritual Care Center (R&SCC) houses the office of Campus Ministry. Currently the staff of the R&SCC include a full time Catholic Campus Minister who runs the CCM group, a quarter time Interfaith Minister who runs the Caring Campus Coalition and Recovery programs, as well as an Episcopal Chaplain available as requested.



The center itself is a place to relax, take a deep breath, light a candle, and browse a book on any spiritual subject in our library. Located in Samuel Read Hall Building across from Lamson Library, the Center and its staff are open to and respectful of people of faith and of different perspectives. It is available to students, staff, and faculty as a quiet and restful space; you do not have to use it for religious purposes.



QUICK STATS	# OF PROGRAMS HOSTED	AY 22-23	AY 21-22	AY 20-21
	# OF PROGRAMS CO-HOSTED	21	N/A	N/A
	# OF STUDENTS ENGAGED	N/A	N/A	N/A
	# OF CAMPUS PARTNERS ENGAGED	40	40	40
	# OF EXTERNAL PARTNERS ENGAGED	3	3	3
		7	7	7

TOP 3 GOALS FOR FUTURE GROWTH	1	Grow number of students engaged
	2	Add events that partner with other campus groups
	3	Enhance communication between external faith community and campus

*"Being here is the time I most feel at Home when I am on Campus."*  
-Student at monthly CCM prayer dinner

# COMMUNITY IMPACT

## OFFICE OF STUDENT LIFE



The Office of Community Impact fosters transformative learning experiences for PSU students to engage in active citizenship, explore their sense of purpose, and grow into conscious leaders who cultivate love and connection throughout our local and global communities.

Plymouth State University's strong commitment to its motto, Ut Prosim, That I May Serve, is embodied through the work of the Office of Community Impact. This work would not be possible without the Student Impact Ambassadors who contribute their skills, knowledge, energy, and hearts into helping to build a more compassionate and equitable world. Thank you to this year's Impact Coordinator, Emily Infinger '23, and Student Impact Ambassadors, Destiny Jones '23, Jonah Rosenberg '24, Corinne Cloutier '25, and Dana Reese '25.



***"Interconnectedness is what I believe to be one of the most valuable aspects of a well-rounded leader. Common goals are much more effectively achieved when a combination of diverse strengths and voices work together, and a good leader recognizes that." -Community Engaged Learning Module, Student Reflection***



*Student Leadership Awards Ceremony*



*Choose Love*



*Community Impact Staff*



*OCL Staff at First Fire*



# COMMUNITY IMPACT

## OFFICE OF STUDENT LIFE



*"I have learned that participating with a group of volunteers who are all contributing to the community can be very rewarding and liberating to feel, because I know that the shared value of helping those in need brought all of us together to help our communities."*

**-Student Reflection**



This past spring break 9 volunteers, led by Corinne Cloutier '25, completed 315 service hours at the Gita Nagari Eco Farm and Sanctuary.

		AY 22-23	AY 21-22	AY 20-21
QUICK STATS	# OF PROGRAMS HOSTED	66	92	45
	# OF PROGRAMS CO-HOSTED	5	4	2
	# OF STUDENTS ENGAGED	577	411	591
	# OF CAMPUSPARTNERS ENGAGED	NA	NA	NA
	# OF EXTERNAL PARTNERS ENGAGED	33	40	30

TOP 3 GOALS FOR FUTURE GROWTH	1	Expand upon High Impact Learning Modules for Off Campus Work Study and Social Action Trips
	2	Grow educational opportunities at the beginning of each volunteer event.
	3	Increase reoccurring community partnerships to model after the Bridge House Community Dinner Program

# COMMUNITY IMPACT

OFFICE OF STUDENT LIFE



Over the last year, the Student Support Foundation:

- Awarded \$6,977 in emergency financial grant to Plymouth State Students.
- Distributed over 800 meals through the Swipe it Forward Program, in collaboration with PSU Dining
- Received over \$6,800 of donations to put toward the Community Cupboard



*"Love you SSF people thanks for making me more comfortable and at home here. Probably would have dropped out without your assistance :)" Student response to Basic Needs Assessment Survey, 2023*



*Between 2018-2023,  
\$105,000+ of cash and  
in-kind donations  
have been distributed to  
PSU students*

# CAMPUS RECREATION

## OFFICE OF STUDENT LIFE



Plymouth State's Campus Recreation is recognized NIRSA: Leaders in College Recreation as one of the premiere Small School Programs in the country. Our department offers many program areas from Fitness, Informal Recreation, Intramural Sports, Sport Clubs and new this year is our eSports Program. Our department values focus on Student Development, Quality, Safety, Inclusion, and Fun!

Our programs offer a place for all students to 'Find Your Fit' on campus and we have long been proud of our charge to reach all students regardless of fitness levels.



**Campus Recreation takes pride in being a leader in Student Development and Career Readiness on Campus. In our end of year assessment, students indicated they developed the following skills through Campus Recreation.**

Leadership, Sense of Community, Meaningful Interpersonal Relationships - 100%

Self Confidence, Decision Making, Time Management - 96%

Healthy Behaviors - 92%

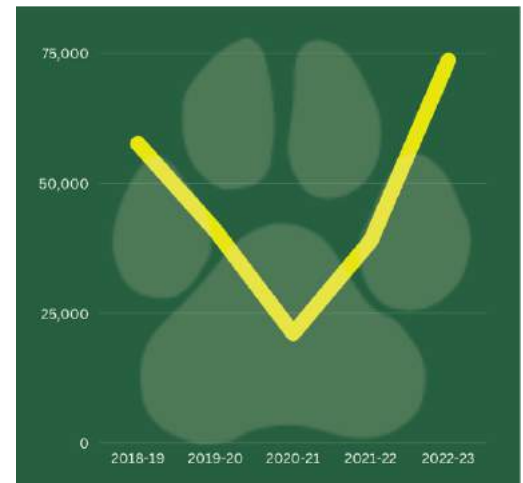
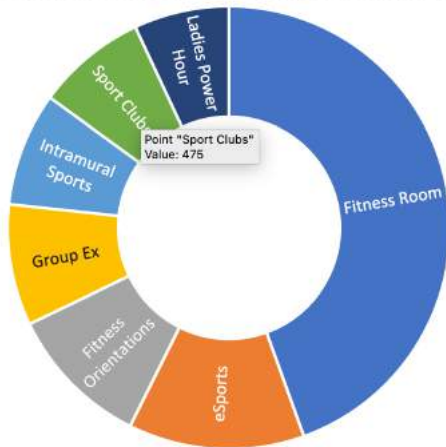
Appreciation for Diversity, Problem Solving 90%

# CAMPUS RECREATION

## OFFICE OF STUDENT LIFE



Campus Recreation Unique Participants



### •Fitness Statistics

- Fitness Room: 2,628 unique participants with 72,714 participations
- Group Exercise Classes: 522 unique participants Ladies Power Hour: 411 unique participants with 1073 participations

### •eSports Statistics

- The eSports Lounge: 760 unique participants with 5,434 participations (Beginning 12/1)

### •Intramural Sports

- Reached 490 unique participants with 2,529 participations
- 5v5 Basketball, 3v3 Basketball, Volleyball, Flag Football, Soccer, Futsal, Floor Hockey, Cornhole, Dodgeball, Basketball Skills Competition

### •Sport Clubs

- 475+ Student Athletes on active rosters
- Backcountry Ski, Billiards, Outing, Boarding, Cheer, Golf, Freeski, GNAR (Girls Not Acting Right), Men's Rugby, Mountain Bike, Climbing, Bowling, Dance, Ultimate Frisbee, Women's Rugby

# CAMPUS RECREATION

## OFFICE OF STUDENT LIFE




TOP 3 GOALS FOR FUTURE GROWTH	1	Make fitness programming more accessible for students of all Fitness Levels.
	2	Develop competitive esports program to compete in tournaments.
	3	Grow employee assessment program to support student development.

# CAMPUS RECREATION

## OFFICE OF STUDENT LIFE



### Outdoor Orientation Program

- Participant 1st yr-2nd year Retention Rate- 91%

### Outdoor Equipment and Rental Program

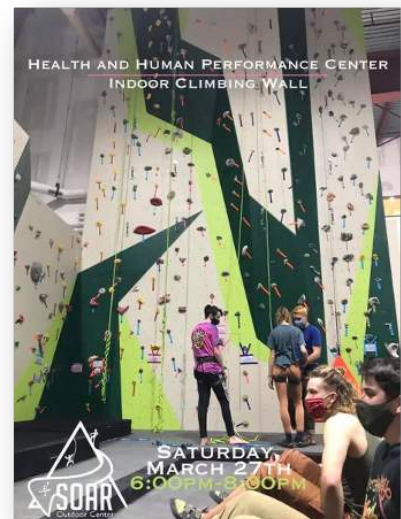
- Increase of rental usage by 30% over 2021-22, with a 65% decrease of late returns
- 50% reduction in average yearly loss/damage to equipment
- Increase of 9% in unique users in rental program and 6% increase of first-time users of the OER program from 8-yr average

### HPC Climbing wall

- 22-23 increase of 104% total usage increase over 21-22
- 400+ Unique Users, 200+ regular users (more than 4x)

### SOAR Activities

- 56 Single day outdoor activities
  - 4 Multi-day trips
- 2 Spring Break trips
- 230+ participants





*Building a connected and  
caring community where  
all students belong!*

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Plymouth, NH 03264  
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