Plymouth State University **CURRICULUM PLANNING GUIDE** with APPLICATION of TRANSFER CREDIT

BS PHYSICAL EDUCATION 2012-2013

Student: _____
Student ID: _____
Enrollment Date: _____

Option: **Applied Health Fitness**
Total semester hours required: 122
Total semester hours transferred: _____

Plymouth Requirements		Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE 2428	Flexibility, Core, and Balance Training	1.5				
PE 2525	Group Exercise Leadership	1.5				Springs
PE 2550	Foundations of Physical Education	3	TECO			
PE 2740	Water Exercise Techniques	1.5				
PE 2831	Resistance Training Techniques	1.5				
PE 3260	Health Fitness Assessment and Programming	3				
PE 3570	Kinesiology	3				
PE 3580	Physiology of Exercise	3				
PE 3590	Inclusive Physical Activity Programs	3	DICO, WRCO			Springs
PE 3650	Physical Activity and Aging	3	WECO			Falls
PE 3750	Physiology of Exercise Lab	1				
PE 4010	Psychosocial Theories of Physical Activity	3	INCO			Falls
BI 2110	Human Anatomy and Physiology I	3				Falls
BI 2120	Human Anatomy and Physiology II	3				Springs
BI 2130	Human Anatomy and Physiology Lab I	1				Falls
BI 2140	Human Anatomy and Physiology Lab II	1				Springs
HE 3220	Applied Nutrition for Healthy Living	3	TECO			
Health and Exercise Group -		6	Complete **six credits** of 3000/4000 level HE or PE courses (**not** HEDI or PEDI):			
HE/PE			**not** HEDI or PEDI			
HE/PE			**not** HEDI or PEDI			
Individual and Society Group -		3	Complete **three credits** from the following:			
PS 3200	Psychology of Women		DICO			Springs
PS 3560	Adulthood and Aging					Falls
SW 3500	Health and Society		GACO,WECO			Falls
Group A -		3	Complete **one** of the following:			
PE 2731	Motor Development		WRCO			
PS 2010	Introduction to General Psychology					
PS 2050	Life-Span Developmental Psychology					
Organization, Management, Marketing and Communication Group -		6	Complete **at least two courses** from **either** the Business Administration minor **or** the Professional Communications minor (**not** BUDI, **not** CMDI, **not** ECDI, **not** ENDI):			
			not BUDI, CMDI, ECDI, or ENDI			
			not BUDI, CMDI, ECDI, or ENDI			
Capstone Experience -		3	Complete **three credits** from the following:			
PE 4880	Physical Education Internship			Requires a 2.70 cumulative and major GPA.		
PE 4920	Organization & Administration of Applied Health Fitness I			Requires a 2.00 minimum major GPA.		
Quantitative Reasoning in the Discipline Connection -		3	Complete **one** of the following:			
HE 3330	Evaluation/Research in Health Promotion		QRCO			Springs
MA 2300	Statistics I		QRCO			
PE 3560	Measurement and Assessment in PE		QRCO			Springs
EN 1200	Composition	3				
IS 1111	The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA	Math Foundations	3				
CTDI	Creative Thought Direction	3				
CTDI	Creative Thought Direction	3				
PPDI	Past and Present Direction	3				
PPDI	Past and Present Direction	3				
SSDI	Self and Society Direction	3				
SSDI	Self and Society Direction	3				
GACO	Global Awareness Connection	3				
Electives		29				

PE 4880 requires a minimum grade point average of 2.70 (cumulative and major). PE 4920 requires a minimum major grade point average of 2.00.

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Director of Curriculum Support