

Plymouth State University **CURRICULUM PLANNING GUIDE** with APPLICATION of TRANSFER CREDIT  
**BS PHYSICAL EDUCATION 2012-2013**

Student: \_\_\_\_\_  
 Student ID: \_\_\_\_\_  
 Enrollment Date: \_\_\_\_\_

Option: **PE and HE Teacher Certification (K-12)**  
 Total semester hours required: 123.5  
 Total semester hours transferred: \_\_\_\_\_

Plymouth Requirements		Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE 2405	Concepts of Fitness and Skill Performance	2				Springs
PE 2406	Concepts of Fitness and Skill Performance Lab	1				Springs
PE 2415	Introduction to PE & Health Instruction	3				
PE 2422	Rhythm and Dance Fundamentals	1.5				
PE 2423	Fundamentals in Gymnastics	1.5				Falls
PE 2424	Net and Wall Activities	1.5				Springs
PE 2425	Lifetime/Leisure Activities	1.5				Odd Falls
PE 2426	Striking and Fielding Activities	1.5				Odd Falls
PE 2427	Territorial Activities	1.5				Falls
PE 2428	Flexibility, Core, and Balance Training	1.5				
PE 2430	Elementary Activities	1.5				
PE 2550	Foundations of Physical Education	3	TECO			
PE 2640	Burdenko Conditioning	1.5				Springs
PE 2731	Motor Development	3	WRCO			
PE 2860	Adventure Programming for Physical Educators	3	WECO			
PE 3000	Instructional Strategies I - Elementary	4		Requires 2.50 cumulative GPA		
PE 3310	Curriculum Design & Implementation	3				
PE 3560	Measurement and Assessment in Physical Education	3	QRCO			Springs
PE 3570	Kinesiology	3				
PE 3580	Physiology of Exercise	3				
PE 3600	Adapted Physical Education	3				Springs
PE 3720	Motor Learning	3				Springs
PE 4000	Instructional Strategies II - Secondary	4		Requires 2.60 cumulative GPA and C in PE 3000		
PE 4815	Teaching Seminar in PE & PEHE	1				
PEHE 4710	Student Teaching K-12: Elementary	6		Requires 2.70 cumulative GPA and C in PE 4000		
PEHE 4720	Student Teaching K-12: Secondary	6		Requires 2.70 cumulative GPA and C in PE 4000		
BI 2110	Human Anatomy and Physiology I	3				Falls
BI 2120	Human Anatomy and Physiology II	3				Springs
BI 2130	Human Anatomy and Physiology Lab I	1				Falls
BI 2140	Human Anatomy and Physiology Lab II	1				Springs
HE 3105	Teaching Strategies, Methods, and Resources in Health Education	3				Springs
HE 3200	Stress Management	3	WECO			
HE 3220	Applied Nutrition for Healthy Living	3	TECO			
HE 3700	Drug Behavior	3	WECO			
HE 3710	Sex and Family Living Education	3				
IS 4360	Cultural Diversity and American Society	3	DICO, INCO			
EN 1200	Composition	3				
IS 1111	The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA	Math Foundations	3				
CTDI	Creative Thought Direction	3				
CTDI	Creative Thought Direction	3				
PPDI	Past and Present Direction	3				
PPDI	Past and Present Direction	3				
SSDI	Self and Society Direction	3				
SSDI	Self and Society Direction	3				
GACO	Global Awareness Connection	3				

PE 3000 requires a minimum cumulative GPA of 2.50. PE 4000 requires a minimum grade of C in PE 3000 and a minimum cumulative GPA of 2.60. PEHE 4710 and PEHE 4720 require a minimum grade of C in PE 4000 and a minimum cumulative GPA of 2.70.