

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS HEALTH EDUCATION AND PROMOTION 2013-2014

Student: _____
 Student ID: _____
 Enrollment Date: _____

Option: **Health Promotion**
 Total semester hours required: 120
 Total semester hours transferred: _____

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
HE 1970 Introduction to Health Promotion	3				Falls
HE 2300 Principles of Health	3				Spring
HE 2400 Physical Activity and Health	3				Spring
HE 2900 Disease, Safety and Environment	3	WECO			
HE 3200 Stress Management	3	WECO			
HE 3220 Applied Nutrition for Healthy Living	3	TECO			
HE 3230 Promoting Health Across the Lifespan	3				Falls
HE 3240 Health Promotion Planning & Evaluation	4	WRCO			Falls
HE 3320 Health Promotion Skills	4				Spring
HE 3660 CPR and First Aid Instructor	1.5				
HE 4530 Senior Seminar in Health Promotion	1				Spring
Health Promotion -	6	Complete two courses from the following:			
HE 3700 Drug Behavior		WECO			
HE 3710 Sex and Family Living Education					
HE 4080 Lifestyle and Wellness Coaching					Odd Falls
SO 3500 Illness, Wellness, and Healing		WECO			Odd Falls
SW 3300 Mental Health and Society or		GACO			Spring
SW 3500 Health and Society		GACO, WECO			Falls
Capstone -	3-12	Complete one of the following:			
HE 4090 Qualitative Research in Health Promotion					Even Spring
HE 4440 Health Promotion Internship					
HE 4540 Applied Health Promotion					Spring
BU 2450 Principles of Marketing	3				
IS 4360 Cultural Diversity and American Society	3	DICO, INCO			
PE 4010 Exercise and Health Psychology	3	INCO			Falls
Quantitative Reasoning in the Discipline Connection -	3	Complete one of the following:			
MA 1900 Statistical Literacy in Today's Society		QRCO			
MA 2300 Statistics I		QRCO			
SS 3700 Social Statistics		QRCO			
SW 3700 Social Statistics		QRCO			
EN 1200 Composition	3				
IS 1111 The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA Math Foundations	3				
CTDI Creative Thought Direction	3				
CTDI Creative Thought Direction	3				
PPDI Past and Present Direction	3				
PPDI Past and Present Direction	3				
SIDI Scientific Inquiry Direction	3-4				
SIDI Scientific Inquiry Direction	3-4				
SSDI Self and Society Direction	3				
SSDI Self and Society Direction	3				
GACO Global Awareness Connection	3				
Electives	31.5-20.5				

HE 4440 requires a minimum grade point average of 2.70 (cumulative and major).