

Plymouth State University **ACADEMIC MINOR REQUIREMENTS**  
**COACHING MINOR 2013-2014**

Student: \_\_\_\_\_  
 Student ID: \_\_\_\_\_  
 Enrollment Date: \_\_\_\_\_  
 Student Major/Option: \_\_\_\_\_

Department: **Health and Human Performance**  
 Total semester hours required: 22-25  
 Total semester hours transferred: \_\_\_\_\_  
 Catalog Used for Major/Option: \_\_\_\_\_

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
CC 2540 Coaching Effectiveness	3				Falls
CC 2660 Basic Athletic Training	2				Odd Springs
CC 3610 Coaching Seminar	1				Spring
CC 3670 Organization and Administration of Physical Education and Athletics	3				Falls
CC 3780 Sport in Society	3				
CC 3860 Psychological Aspects of Sports	3				Odd Springs
HE 2500* First Aid and CPR/AED	1.5				
HE 3220 Applied Nutrition for Healthy Living	3				
PE 2831 Resistance Training Techniques	1.5				
Complete <b>one</b> course from the following:	1-4				
CC 3880 Coaching Practicum			Requires minimum 2.00 cum GPA.		
CC 4880 Coaching Internship			Requires minimum 2.70 cum GPA.		

\*Students who have a valid certification from professional organizations do not have to take HE 2500. Students must take another course for 1.5 credits or more offered by the Department of Health and Human Performance to replace HE 2500.

*Note 1: Students with a minor must complete six credits of upper-level courses outside the major discipline.*

*Note 2: For a second or subsequent minor, at least nine credits must be different from the major or the first minor.*