

Plymouth State University CURRICULUM PLANNING GUIDE with APPLICATION of TRANSFER CREDIT

BS EXERCISE AND SPORT PHYSIOLOGY 2014-2015

Student: _____

Student ID: _____

Enrollment Date: _____

Total semester hours required: 120

Total semester hours transferred: _____

Plymouth Requirements		Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE 2428	Flexibility, Core, and Balance Training	1.5				
PE 2550	Foundations of Physical Education	3	TECO			
PE 2640	Burdenko Conditioning	1.5				Springs
PE 2831	Resistance Training Techniques	1.5				
PE 3570	Kinesiology	3				
PE 3580	Physiology of Exercise	3				
PE 3750	Physiology of Exercise Laboratory	1				
PE 3760	Advanced Laboratory Techniques	3				Springs
PE 3850	Introduction to Research Writing	1				Springs
PE 4520	Principles and Theories of Strength and Conditioning	3				Springs
PE 4770	Cardiovascular Physiology	3				Falls
PE 4780	Exercise Prescription	3				Springs
PE 4790	Exercise Biochemistry	3				Falls
AT 3400	Pharmacology for Allied Health Professionals	2				Springs
BI 2110	Human Anatomy and Physiology I	3				Falls
BI 2120	Human Anatomy and Physiology II	3				Springs
BI 2130	Human Anatomy and Physiology Lab I	1				Falls
BI 2140	Human Anatomy and Physiology Lab II	1				Springs
CH 2335	General Chemistry I	4	QRCO			Falls
CH 2340	General Chemistry II	4				Springs
HE 3220	Applied Nutrition for Healthy Living	3	TECO			
MA 2300	Statistics I	3	MATH			
<i>Capstone Experience</i> – complete both courses:						
PE 4805	Senior Research I	3	WRCO			Falls
PE 4810	Senior Research II	3				Springs
EN 1200	Composition	3				
IS 1111	The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
CTDI	Creative Thought Direction	3				
CTDI	Creative Thought Direction	3				
PPDI	Past and Present Direction	3				
PPDI	Past and Present Direction	3				
SSDI	Self and Society Direction	3				
SSDI	Self and Society Direction	3				
DICO	Diversity Connection	3				
GACO	Global Awareness Connection	3				
INCO	Integration Connection	3				
WECO	Wellness Connection	3				
Electives		23.5				