

Plymouth State University **CURRICULUM PLANNING GUIDE** with APPLICATION of TRANSFER CREDIT
BS PHYSICAL EDUCATION 2014-2015

Student: _____
 Student ID: _____
 Enrollment Date: _____

Option: **PE and HE Teacher Certification (K-12)**
 Total semester hours required: 123.5
 Total semester hours transferred: _____

Plymouth Requirements	Credits	Gen Ed	Transfer Course (Title)	Credits	To Be Taken
PE 2405 Concepts of Fitness & Skill Performance	2				Spring
PE 2406 Concepts of Fitness & Skill Performance Lab	1				Spring
PE 2415 Introduction to PE & Health Instruction	3				Spring
PE 2422 Rhythm and Dance Fundamentals	1.5				Fall
PE 2423 Fundamentals in Gymnastics	1.5				Fall
PE 2424 Net and Wall Activities	1.5				Spring
PE 2425 Lifetime/Leisure Activities	1.5				Spring
PE 2426 Striking and Fielding Activities	1.5				Fall
PE 2427 Territorial Activities	1.5				Fall
PE 2428 Flexibility, Core, and Balance Training	1.5				
PE 2430 Elementary Activities	1.5				Fall
PE 2550 Foundations of Physical Education	3	TECO			
PE 2640 Burdenko Conditioning	1.5				Spring
PE 2731 Motor Development	3	WRCO			Spring
PE 2860 Adventure Programming for Physical Educators	3	WECO			Spring
PE 3000 Instructional Strategies I - Elementary	4		Requires 2.50 cumulative GPA		
PE 3310 Curriculum Design & Implementation	3				Fall
PE 3560 Measurement & Assessment in PE	3	QRCO			Fall
PE 3570 Kinesiology	3				
PE 3580 Physiology of Exercise	3				
PE 3600 Adapted Physical Education	3				Spring
PE 3720 Motor Learning	3				Spring
PE 4000 Instructional Strategies II - Secondary	4		Requires 2.60 cumulative GPA and C in PE 3000		
PE 4815 Teaching Seminar in PE & PEHE	1				
PEHE 4710 Internship in Teaching K-12: Elementary Component	6		Requires 2.70 cumulative GPA and C in PE 4000		
PEHE 4720 Internship in Teaching K-12: Secondary Component	6		Requires 2.70 cumulative GPA and C in PE 4000		
BI 2110 Human Anatomy and Physiology I	3				Fall
BI 2120 Human Anatomy and Physiology II	3				Spring
BI 2130 Human Anatomy and Physiology Lab I	1				Fall
BI 2140 Human Anatomy and Physiology Lab II	1				Spring
HE 3105 Teaching Strategies, Methods, and Resources in Health Education	3				Spring
HE 3200 Stress Management	3	WECO			
HE 3220 Applied Nutrition for Healthy Living	3	TECO			
HE 3700 Drug Behavior	3	WECO			
HE 3710 Sex and Family Living Education	3				Fall
IS 4360 Cultural Diversity and American Society	3	DICO, INCO			
EN 1200 Composition	3				
IS 1111 The First Year Seminar	3	Transfers entering with 24+ credits are excused from IS 1111.			
MA Math Foundations	3				
CTDI Creative Thought Direction	3				
CTDI Creative Thought Direction	3				
PPDI Past and Present Direction	3				
PPDI Past and Present Direction	3				
SSDI Self and Society Direction	3				
SSDI Self and Society Direction	3				
GACO Global Awareness Connection	3				

PE 3000 requires a minimum cumulative GPA of 2.50. PE 4000 requires a minimum grade of C in PE 3000 and a minimum cumulative GPA of 2.60. PEHE 4710 and PEHE 4720 require a minimum grade of C in PE 4000 and a minimum cumulative GPA of 2.70.