**Plymouth State University CURRICULUM PLANNING GUIDE** with APPLICATION of TRANSFER CREDIT

**BS PHYSICAL EDUCATION 2016-2017**

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**Student:** ____________________________________________________________

**Option:**

**Contract**

**Student ID:** _________________________________________________________  
**Total semester hours required:** 120

**Enrollment Date:** _______________________________________________________  
**Total semester hours transferred:** ____________________________

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<table>
<thead>
<tr>
<th>Plymouth Requirements</th>
<th>Credits</th>
<th>Gen Ed</th>
<th>Transfer Course (Title)</th>
<th>Credits</th>
<th>To Be Taken</th>
</tr>
</thead>
<tbody>
<tr>
<td>PE 2735 Motor Development</td>
<td>3</td>
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<tr>
<td>PE 3570 Kinesiology</td>
<td>3</td>
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<td>PE 3580 Physiology of Exercise</td>
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<tr>
<td>PE 3720 Motor Learning</td>
<td>3</td>
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<tr>
<td>HE 2500 First Aid and CPR/AED *</td>
<td>1.5</td>
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<tr>
<td>HE 3220 Applied Nutrition for Healthy Living</td>
<td>3</td>
<td>TECO</td>
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<tr>
<td>HE 3660 CPR and First Aid Instructor *</td>
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**Group A:**

- Complete one course from the following: AP 2010, AT 1010, HE 2300, PE 2550, PE 2755.

**Professional Skills & Activity-based courses:**

- Complete 9.5 credits of 1000/2000 level Physical Edu or Adventure Ed courses, with minimally three courses (4.5 credits) from the following [not PEDI]: PE 2428, PE 2525, PE 2640, PE 2740, PE 2831.

**Upper-level Health & Human Performance Courses:**

- Complete 15 credits of 3000/4000 level Adventure Education or Athletic Training or Coaching or Health Education or Physical Education courses [not ...DI].

**Quantitative Reasoning in the Discipline Connection:**

- Complete one course from the following: AT 4200, CH 2335, MA 2300, or PE 3565.

**Writing in the Discipline Connection:**

- Complete one course from the following: AP 3320, AT 3350, AT 4200, HE 3240, PE 3565, or PE 4840.

**EN 1200 Composition**

- 3

**IS 1111 The First Year Seminar**

- 3 Transfers entering with 24+ credits are excused from IS 1111.

**MA Math Foundations**

- 3

**CTDI Creative Thought Direction**

- 3

**PPDI Past and Present Direction**

- 3

**SSDI Self and Society Direction**

- 3

**DICO Diversity Connection**

- 3

**GACO Global Awareness Connection**

- 3

**INCO Integration Connection**

- 3

**WECO Wellness Connection**

- 3

**Electives**

- 23.5-21.5

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*Students who have a valid certification from professional organizations do not have to take HE 2500 and/or HE 3660. Students must take another course(s) for 1.5 credits or more offered by the Department of Health and Human Performance to replace HE 2500 and/or HE 3660.*

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**Director of Curriculum Support**

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Students must have completed a minimum of 50 credits in order to select this option.